# Healthy, Flowing Conversations – New England Style

## 1. Curiosity with a Wink

- "If you woke up tomorrow and suddenly knew how to fix any boat engine, would you use it for good... or for profit?"
- "Ever learn some random fact that made you feel like you should've already known it? Like, wait, lobsters used to be poor people's food?"
- "If you could invite any historic figure to a clam bake and they had to bring the beer — who'd you pick?"

### 2. Reimagining the Ordinary (Yankee Ingenuity)

- "What's one thing in your house that drives you nuts every day and if you were a proper Yankee tinkerer, how would you fix it?"
- "If we threw out all the usual greetings no handshakes, no hugs what's the New England hello? Tip of the hat? Quick nod? A 'sup' and a shrug?"
- "What's the best sound of New England: a loon at night, the crack of a bat at Fenway, or a chowder spoon clinking the bowl?"

## 3. Lighthearted Debates

- "What's tougher: a Maine winter or Boston traffic?"
- "Which really rules the soul: coffee from Dunkin', or a pint of Ben & Jerry's at midnight?"
- "Would you rather have Red Sox season tickets or a cottage on the Cape?"

# 4. Storytelling with Humor

- "If your life right now were a chapter title, would it be more like 'Lost at Sea' or 'Fresh Batch of Whoopie Pies'?"
- "Ever have one of those clumsy moments that everyone saw? Like tripping on the dock while trying to look cool?"
- "What's the most 'you' place in New England the town green, the diner counter, or the back porch?"

#### 5. Wonder with a Yankee Twist

- "Ever look out at the ocean and think: that's about as close to infinity as I'll ever see."
- "Do you think creativity's more like building a lobster trap (made piece by piece), or catching lightning in a jar?"
- "If memories were clam shells, which one would you keep on the windowsill?"

### 6. Shared Growth & Wit

- "What's a belief you've dropped that you look back on and laugh about now?"
- "If you could make one new rule for all grown-ups, like it's school again, what would it be?"
- "What's a strength you admire in your neighbor that you're still working on in yourself?"

### 7. Humor, Straight Up

- "If sandwiches were currency, what would be the lobster roll a \$20 or a \$100?"
- "What's your best idea for a reality show no one would ever watch? Like 'Ice Scrapers of Worcester'?"
- "If seagulls could text, what's the first thing they'd send you? Probably just, 'Fries?'"