

Kind Message of Heroism for Young & Elder Friends: “*Standing Strong Against Bullies and Gangsters*”

Good afternoon, everyone.

I want to talk to you today about something real — bullying and “ganging up” on people. You’ve probably heard the words “gang” or “*gangster*.” Ever wonder why they call them that? Because they **gang up on people**. That’s what bullies do too. They don’t stand strong on their own, they try to find strength by putting others down, by crowding together, by making someone else feel small.

But here’s the truth: **real strength doesn’t come from ganging up on people — it comes from lifting people up**. The strength of a hero is 1000X + the strength of a *low-vibing* gangster. Heroes have the kind of strength that can change lives. *We all have a choice*.

When you see someone being bullied, you have a choice. You can stay quiet, you can join in, or you can stand up. Standing up may not always be easy, but it’s what courage looks like. Courage is choosing what’s right, even when it’s not popular.

Bullies want to make others afraid, but we don’t have to live in fear. We can choose kindness. We can choose respect. We can choose to be the kind of friends who stand beside, not the kind who gang up on others. So next time you hear the word “gangster,” remember: anyone can tear others down, but it takes a real leader, a real friend, a real hero— to build others up.

Let’s be lifters, not gangsters!

With heart and spirit,

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