

Union of Saints – Press Kit: Interview with D. Cowdrey

Freedom, Modern Slavery, and Holistic Empowerment

About the Union of Saints

The Union of Saints is an interfaith ministry and community support network dedicated to helping individuals reclaim freedom, dignity, and purpose. Through spiritual guidance, educational programs, legal advocacy, and creative arts initiatives, the Union of Saints empowers people to navigate modern challenges and live fully liberated lives.

Interview Highlights

Inspiration & Vision

Q: What inspired you to build the Union of Saints?

A: “The Union of Saints was born from a vision to create a sanctuary for the soul. I saw how modern slavery—emotional, relational, and systemic—stripped people of their freedom. I wanted a place where individuals could reclaim autonomy, explore healing, and build lives rooted in dignity, love, and purpose.”

“Freedom begins within. Without it, the soul cannot thrive.”

Understanding Modern Slavery

Q: How do you define modern slavery, and why is it central to your ministry?

A: “Modern slavery is anything that diminishes a person’s agency, voice, or humanity—through coercion, manipulation, abuse, or economic pressure. Addressing it is central because freedom is both a spiritual and practical necessity.”

Holistic Programs & Integration

Q: Your services include spiritual guidance, legal help, and creative arts. How do these integrate?

A: “Freedom is multi-dimensional. Spiritual growth without practical support is incomplete, and legal or educational support without spiritual grounding can feel

empty. Integrating these services ensures people can reclaim their lives fully—mind, body, and soul.”

“True liberation addresses the mind, body, spirit, and legal realities of life.”

Discernment & Personal Freedom

Q: How do you help people discern freedom from bondage?

A: “Discernment begins with reflection: Does this honor my dignity? Expand my purpose? Support my growth? If not, it may be a form of bondage. Our mentorship, counseling, and educational programs guide people to make these distinctions clearly.”

Community Impact & Stories

Q: Can you share a story of those who found freedom through your programs?

A: “Veterans in our community trapped in trauma and financial stress, use our mentorship, arts programs, and legal support to regain confidence, purpose, and independence. Freedom is not abstract—it’s achievable. We currently have a steady member base of over 3,000 monthly visitors.”

Expertise & Leadership

Q: How does your background influence your ministry?

A: “Therapy guides healing; teaching shares knowledge; veteran experience builds resilience; paralegal training empowers legal advocacy. Together, they create a holistic path to liberation.”

Getting Involved

Q: How can someone benefit from your programs?

A: “Attend spiritual gatherings, participate in educational and creative programs, access mentorship and counseling, or consult our legal team. We welcome all seeking healing, empowerment, and freedom.”

“Healing, learning, and empowerment are not luxuries—they are rights.”

Vision for the Future

Q: What do you envision for the Union of Saints in the future?

A: “A world where awareness of modern slavery spreads, where communities are built on compassion and empowerment, and where every individual can reclaim freedom, dignity, and purpose.”

Contact & More Information

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