

Union of Saints

Hispanic Racism Against Caucasians

“A New Normal” During Mass Cartel Violence, Civil War & Historic Invasion

1. Understand What’s Happening

- **Racism is prejudice + power dynamics**, but discrimination based on race or ethnicity is unlawful in many contexts regardless of who it comes from.
 - If the Hispanic woman’s behavior toward you involves **derogatory comments, exclusion, harassment, or unequal treatment because of your race**, that is racial discrimination.
 - You don’t need to minimize your experience — **discrimination against Caucasians is still discrimination**.
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2. Respond in the Moment (if safe)

- Stay calm, don’t mirror aggression.
 - Use **clear, boundary-setting language** if possible:
 - *“That comment was inappropriate.”*
 - *“I want to be treated with respect.”*
 - If it feels unsafe, disengage instead of escalating.
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3. Document Everything

- Write down what happened, when, and where.
 - Save texts, emails, or recordings (if legal in your state).
 - Note any witnesses.
 - Documentation is critical if you decide to file a complaint.
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4. Take Action Depending on Context

- **Workplace:**
 - Report to HR or a manager.
 - Companies are required to investigate racial harassment claims.
 - Title VII of the Civil Rights Act protects you from racial discrimination regardless of your race.
 - **Public setting (school, business, government services):**
 - File a complaint with the organization or agency.
 - Many states have **civil rights commissions** to handle racial discrimination complaints.
 - **Serious harassment or threats:**
 - If it crosses into intimidation or physical threat, you may file a police report.
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5. Care for Yourself

- Racism is stressful — even if others downplay it because you're Caucasian, your experience is still valid.
 - Talking with trusted friends, a counselor, or support networks can help process the emotional weight.
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Legal Note:

- Under U.S. civil rights laws (like Title VII, §1981, and state equivalents), **discrimination and harassment based on race are illegal no matter the race of the victim.**
 - If this affected your **job, education, housing, or access to services**, you may have a **legal discrimination claim**. Contact US or www.cowdreyfirm.com for assistance.
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