

Is it Slavery or Is it Freedom?

In every moment, we are called to discern— to see clearly the forces that shape our lives and to choose wisely between bondage and liberation. Modern slavery does not always come with chains or bars. Often, it comes cloaked as obligation, expectation, or even “opportunity.” It appears in relationships that drain rather than uplift, in work that diminishes the soul, and in systems that profit from our compliance.

At the Union of Saints, we teach that true freedom begins within. Freedom is not merely the absence of restraint, but the presence of clarity, choice, and purpose. To discern freedom from slavery, one must ask:

- Does this path honor my dignity?
- Does this choice expand my ability to love, create, and serve?
- Does this relationship, this work, this commitment align with my highest self and sacred truth?

When the answer is “yes,” we walk in freedom. When the answer is “no,” we recognize the chains, however subtle, and begin the work of release. Discernment is an act of spiritual courage—a willingness to face uncomfortable truths and claim sovereignty over our lives.

The Union of Saints reminds us that we are never alone in this process. As a ministry, as teachers, as guides, and as fellow travelers, we offer support for the journey from oppression to liberation. Healing, learning, and reclaiming power are steps that cannot be rushed, but every step toward awareness is a step toward freedom.

Freedom is not given. Freedom is claimed. And in claiming it, we honor both the divine within us and the sacred bond we share with our community.

Choose with clarity. Walk with courage. Live in freedom.