

"Peace is held by those who **understand** war and **choose restraint**."

"Between war and peace stands **labor**."

"Peace is not the absence of war, but the discipline earned by those who have **worked through it**."

"Activism moves the heart. Law disciplines the spirit. **Hard work** balances both."

"You can tell a person has heart by how **neutral they stay** in the fog of war;
Soul demands our ability to ***see-through***."

D. Cowdrey
- Union of Saints