

Stay the Ozirah Course

When we become experts at Ozirah and Osiram, and someone uses an abuse tactic on us, or when they are abusive toward us, without full awareness of the experience, it may be tempting to move into Osiram and manipulate the situation to gain intelligence or to see what other abuses this individual may contribute to. This is how strong the temptation of Osiram is. It even has a way of creeping into our most innocent moments when we are enduring some form of abuse. However, my recommendation, to avoid any karma where possible and to respect both the other person and ourselves, is to stay the course with Ozirah as much as is humanly and spiritually possible because, ultimately, the goal is learning and teaching, not overpowering, manipulating, or causing harm.

Staying within Ozirah is a positive experience, there is also no reason why we cannot stay the course with our truth and our feelings while remaining honest and having integrity. With our highest values of peace, love, and forgiveness, we can move from a place of "victimhood" into a powerful role as a teacher, minister, or friend. Many experiences, even when suffering is caused, serve as opportunities for growth and learning. Ultimately, we get to make the choice of what we tolerate and what we do not. This is a very difficult lesson for many of us to learn. At the end of the day, we only have control over ourselves. Even this experience is empowering because it helps us regulate ourselves and take the helm of our own lives, interactions, and experiences.

Though some things may be out of our control, the Santa mindset paves the way. We can remember the value of our writing skills, all that we have learned, and communicate through letters. We can set healthy boundaries, and we can create for others and ourselves a cool space that still feels happy, healthy, and joyful, even if it means we live at the North Pole and only visit once a year. We can still have one of the happiest, fullest, and most joyful lives ever. So remember, stay the Ozirah course, remember the Santa way, and follow the North Star to the brightest, best, most soulful, good energy life.