

Vegan Werther's-Style Caramels

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Ingredients

For the Caramel:

- 1 cup full-fat coconut milk or coconut cream
- 1 cup organic cane sugar
- ¼ cup light corn syrup or maple syrup
- ¼ cup vegan butter (like Earth Balance or Miyoko's)
- 1 tsp vanilla extract
- ½ tsp salt

Optional Coating:

1–2 tsp powdered sugar or cornstarch (to prevent sticking)

Instructions

1. Prepare the Caramel

- 1. Line a square pan (8x8") with parchment paper. Lightly grease.
- 2. In a medium saucepan over medium heat, combine coconut milk, sugar, corn syrup, vegan butter, and salt.
- 3. Stir constantly until sugar dissolves and mixture comes to a gentle boil.
- 4. Reduce heat and continue cooking, stirring occasionally, until mixture reaches 245-**250°F (firm-ball stage)** on a candy thermometer (approx. 15–20 minutes).
- 5. Remove from heat and stir in vanilla extract.

2. Pour and Set

- 1. Pour caramel into the prepared pan and spread evenly.
- 2. Let cool to room temperature, then refrigerate for 1–2 hours until firm.

3. Cut and Finish

- 1. Once set, remove from pan and cut into small rectangles.
- 2. Optional: Dust lightly with **powdered sugar or cornstarch** to prevent sticking.

Tips & Variations

- For **extra buttery flavor**, use a vegan butter with a rich flavor like Miyoko's cultured butter.
- Coconut cream gives a slightly tropical undertone perfect for a vegan version.
- ▲ Add a pinch of ground nutmeg or cinnamon for a spiced caramel twist.
- → Store in an airtight container at room temperature or in the fridge for up to 2 weeks.