

Anti-White Supremacy Activists: The Real and The Truth – Energy Work

Introduction

Activist spaces are often centered around justice, equality, and challenging systemic harm. But what happens when activism becomes a tool for interpersonal conflict, judgment, or moral presumption? It becomes “*The Space of ~and~ for Harm.*” This essay explores my perspective as someone navigating these dynamics, emphasizing the importance of energetic alignment, spiritual connection, and shared humanity.

The Real

Do I really want to work with activists who believe I contribute to white supremacy? **NO**. I do not want interpersonal conflict or hatred, and I can feel that energy. As an energy worker, I would much rather be around strong people who recognize our shared humanity. Being bullied is not fun, no matter who we are. Being energetically sabotaged is not fun, no matter who we are. Constantly feeling like everything is a competition is not fun, no matter who we are.

I have noticed that some activist environments assume guilt or complicity before dialogue even begins. This creates tension, undermines collaboration, and ultimately distracts from the purpose of the work. This is not about race; it is about energetic alignment, spiritual connection, and the ability to connect through shared humanity.

The Truth

Some activists operate with what I call “activism entitlement,” assuming **hostile and volatile access** to spaces that should be grounded in mutual respect, trust, and collaboration. When entitlement overshadows shared purpose, the work becomes less about genuine effort and more about control, status, or moral superiority. True progress requires people who can collaborate without eroding each other’s energy or humanity.

Reflection

I choose to invest my energy in spaces and partnerships that foster trust, strength, bravery and shared growth. It is important that we insure **mutual dialogue** (all communication is consensual or not, shared or not) comes from a place of alignment rather than anger, hostility and conflict. Collaboration thrives when people recognize each other’s **humanity first**, and shared purpose second.

Conclusion

Activism, healing work, and social change are only as effective as the energy we bring to them. **I will not** participate in spaces that operate from presumption, competition, or judgment. *I seek connection with those who value shared humanity, respect, and spiritual alignment, because that is the foundation for authentic friendship and sustainable spaces.*