

Throwing Things From Vehicles, Targeting Runners, People Walking, Stalking

Why Would They Target Runners (Female Runner)?

There are several possible explanations for behavior like this, and it is important not to jump to conclusions without more evidence. Based on your description, a few possibilities could include:

- Random harassment or reckless behavior: Sometimes groups in vehicles target pedestrians or runners impulsively for amusement, intimidation, or attention-seeking behavior.
- Immature or retaliatory social behavior: Throwing liquids or substances from vehicles has historically been associated with bullying, humiliation tactics, or attempts to provoke fear or reaction.
- Opportunistic misconduct: The fact that the truck appeared to circle back or observe your reaction could suggest curiosity about the outcome, an attempt to see whether you recognized them, or concern about whether the incident would be reported.
- Mistaken identity or targeted behavior: While possible, there is not enough information to determine whether you were specifically targeted.
- Accident or misunderstanding: Although less likely given your description, it is still possible that the act was reckless rather than premeditated.

A few details in your statement stand out behaviorally:

- The act occurred in broad daylight on a slower residential-style road rather than a busy highway.
- The truck reportedly turned around afterward.
- The occupants appeared to observe your response.
- The object or liquid was directed at you rather than discarded randomly.

Those details can make the incident feel more personal or intentional, even if the motive itself is unclear.

From a safety and documentation standpoint, you handled it reasonably by:

- Leaving the area and rinsing off the substance.
- Observing and documenting the vehicle afterward.
- Preserving photographs.
- Writing a contemporaneous statement while your memory was fresh.

If you continue running in the area, practical precautions may help:

Report the incident to the police, provide statement and photographs.

- Carry a phone visibly accessible.
- Share your route with someone trusted.
- Run with others when possible.
- Note distinguishing vehicle details immediately if another incident occurs.
- Preserve clothing or evidence if a future incident involves physical substances.

At this stage, the strongest approach is to treat it as concerning conduct, document facts carefully, and avoid overstating intent beyond what you directly observed.