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# UNION OF SAINTS

*FIELD GUIDE*

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*D. Cowdrey asserts the moral right to be identified as the author of this work.*

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# 1

## THE UNION OF SAINTS

### Field Guide

#### A Guide to Faith, Peace, Learning & Service

*“Every journey begins with a single step. This guide is an invitation to discover who we are, what we believe, and how we seek to build a more peaceful world together.”*

## Welcome

Welcome to the Union of Saints. Whether you arrive seeking peace, knowledge, healing, friendship, or purpose, we are honored to walk beside you. This Field Guide is your introduction to our community, our values, and the many opportunities to continue learning throughout the Union.

Please continue referring to this book as we work to add illustrations, expand its content, and refine future editions. Your continued support, feedback, and shared journey help us bring this vision to life. Thank you for growing with the Union of Saints.

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## Our Story

Every community begins with a story. The Union of Saints was founded as a place where faith, education, service, research, and compassion work together to promote peace and human soul expression. Our story continues to grow through every member who joins the journey.

## Our Mission

We seek to cultivate Peace, Love, and Forgiveness through education, ministry, research, charity, and service. Our mission is to strengthen individuals, families, communities, and future generations by encouraging wisdom, compassion, and lifelong learning. We believe that every act of kindness contributes to a more peaceful world.



## Our Vision

We envision a world where people learn together, serve together, and celebrate the richness of heritage cultures, traditions, and perspectives. Through faith and education, we hope to inspire individuals to become peacemakers in their homes and communities. Our vision is one of continual growth, service understanding, and the mission of peace.

## Our Foundation

Every strong community rests upon a solid foundation. The Union of Saints is guided by its Charter, Bill of Rights, foundational documents, and educational principles, which help form our mission and values. These documents serve as the compass that guides our journey together.

## What We Believe

Our teachings encourage spiritual growth, peaceful living, wisdom, compassion, justice, stewardship, and service. Each teaching introduces a different aspect of the Union of Saints while inviting continued exploration through our Canon and educational resources. Together, they form the foundation of our shared journey.

## Our Teachings

- Faith & Spiritual Formation
- Faith of True Peace
- Duality of Spirit
- OZIRAH Philosophy
- Human Understanding
- Human Dignity & Safety
- Sisters of Safety
- God's Armor
- Law & Justice
- Truth, Logic & Balance
- War & Peace
- Learning & Scholarship
- Society & Community
- Heritage
- Ministry
- Wellness
- Service
- Creativity

## OUR TEACHINGS

- Daily Living
- Stewardship

*“Each of these teachings is explored sincerely throughout the Union of Saints Canon.”*

## Our Values

Our values guide both our decisions and our relationships. They remind us to pursue truth with humility, practice compassion with courage, and serve others with integrity. These values form the culture we strive to build together.

## The Four Peaces

The Four Peaces—Peace, Progress, Preservation, and Protection—form the pillars of the Union of Saints’ foundation and faith. They remind us that peace is nurtured through progress, strengthened through preservation, and sustained through responsible protection and stewardship. Together, these four principles encourage us to build strong, resilient communities that grow in peace, wisdom, and purpose while caring for one another and the world entrusted to us.

## Seeking Truth

Truth is both a destination and a lifelong journey. We welcome thoughtful questions, careful scholarship, respectful dialogue, the exploration of logic and critical thinking, and sincere faith as companions along the path of discovery. Through intellectual honesty, humility, and a willingness to continue learning, we grow in wisdom and strengthen our understanding of ourselves, one another, and the world around us.



## The Goddess and God

We recognize our Guiding Stars or God & Goddess as the source of life, love, wisdom, and light essence and soul power. We encourage prayer, reflection, worship, and spiritual growth while welcoming individuals from many faith traditions. Together, we seek a stronger relationship with God or Source.

## Learning Together

Learning is central to our mission. Through education, research, scholarship, mentorship, and dialogue, we seek to enrich and advance our understanding of ourselves, one another, and the world around us. Every lesson becomes an opportunity to serve with greater wisdom.

## Our Academy

Education is one of the great ministries of the Union of Saints. Our Academy explores faith, world religions, metaphysics, ancient civilizations, evolution, dinosaurs, human understanding, law, peace studies, and many other subjects that encourage lifelong learning. Every course invites thoughtful and scientific exploration.

## Our Research

Research is an act of curiosity and service. We study history, culture, philosophy, spirituality, metaphysical questions, human behavior, and new age ideas with a spirit of humility and open inquiry. We believe that knowledge, when pursued ethically, contributes to both wisdom and peace.

## Our Ministries

Faith becomes meaningful when it is lived. Through worship, education, military chaplaincy, charitable outreach, community care, and volunteer service, our ministries seek to bring peace, hope, and compassion into everyday life. Every member is invited to discover meaningful ways to serve.

## Our Programs

The Union of Saints offers a wide variety of educational, artistic, environmental, charitable, and community programs. These initiatives encourage creativity, stewardship, leadership, fellowship, and joyful participation across many interests and generations. Together, they reflect the many ways peace can be lived in everyday life.

## Our Community

The Union of Saints is a community of learners, servants, educators, artists, veterans, families, and neighbors. We celebrate our shared humanity while honoring the unique gifts each person brings. Together, we continue building a culture grounded in Peace, Love, and Forgiveness.

## Continue the Journey

This Field Guide is only the beginning. We invite you to continue exploring the Union of Saints through our Canon, educational resources, ministries, research initiatives, programs, and community events. Wherever your journey leads, may it be guided by wisdom, compassion, and a desire to leave the world more peaceful than you found it.



## Thank You.

Thank You.

Thank you for taking the time to read this book and for sharing in the vision of the Union of Saints.

It is our hope that these pages have encouraged reflection, strengthened your spirit, and inspired you to pursue a life more grounded in peace. Every journey toward understanding, compassion, and service helps build stronger families, communities, and a more peaceful world.

We are so grateful for your time, your curiosity, and your willingness to explore our interpath tradition. May your own path continue to be filled with wisdom, courage, love, and meaningful connections.

Thank you for being part of this journey.

With gratitude and blessings,

**The Union of Saints**

