



Vegan Mike and Ikes (Chewy Fruit Candies)

Ingredients

- ½ cup fruit juice (cherry, lime, lemon, etc.)
- ½ cup sugar
- 2 Tbsp corn syrup (or brown rice syrup)
- 1 Tbsp agar-agar flakes (or 1 tsp agar powder)
- 1 tsp lemon juice
- Natural food colorings

Instructions

1. In a saucepan, whisk juice, sugar, syrup, agar. Bring to boil.
2. Simmer 3–5 min, stirring until syrupy. Stir in lemon juice.
3. Pour into small candy molds (capsule or pill-shaped).
4. Let cool, then pop out and toss in cornstarch + sugar to prevent sticking.