

## **Energetic and Spiritual Holocaust, Human Cost**

The word Holocaust comes from Ancient Greek *holokauston*, formed from *holos*, meaning whole, and *kaustos*, meaning burned. In its earliest use, it referred to something completely consumed by fire, often in the context of a total offering. Over time, the term came to signify complete destruction, and in modern history it is most closely associated with the genocide carried out during World War II by Nazi Germany under Adolf Hitler.

Human cost extends beyond physical loss. It includes emotional, psychological, and spiritual harms. It involves the loss of safety, autonomy, dignity, identity, and a sense of belonging. It includes long term trauma, grief, and the disruption of families, communities, and cultural continuity. These effects can persist across generations and shape how individuals experience trust, connection, and stability. The cost is ultimately life, time and energy, spiritual and physical.

Human cost is harm within a person's inner life. It includes the loss of peace, the reduction of joy, the erosion of security, and a weakened connection to meaning and purpose.

Union of Saints