

Bilingual Glossary of Intrusion and Guilt-Draining Concepts

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English Terms

Intrusion–Guilt-sapping

Definition: An unwelcome entry into someone's life, mind, or moral space that drains their sense of guilt or conscience, weakening them psychologically or morally.

Usage: "The constant manipulation was an intrusion–guilt-sapping act, leaving its victims disoriented and powerless."

Intrusion–Empowerment by Defilement

Definition: An unwelcome violation or intrusion that elevates the intruder by harming, degrading, or morally destabilizing the victim.

Usage: "Through calculated betrayal, he exercised intrusion–empowerment by defilement, growing stronger as others faltered."

Intrusion–Culpivorism (coined term)

Definition: A symbolic term describing the act of devouring others' guilt and moral integrity to gain personal power or advantage.

Breakdown: Culpi- (guilt) + -vorism (to devour)

Usage: "Her manipulation was a perfect case of intrusion–culpivorism."

French Terms

Intrusivorisme (coined term)

Definition: Une intrusion non désirée dans la vie, l'esprit ou l'espace moral d'une personne, effectuée pour drainer la culpabilité, manipuler la conscience ou affaiblir les défenses émotionnelles et morales, afin de renforcer l'intrus.

Breakdown: Intrusi- (intrusion) + -vorisme (dévorer)

Usage: "La manipulation constante et la prise de pouvoir par la culpabilité étaient un parfait exemple d'intrusivorisme."

Culpivorisme (coined term)

Definition: L'acte de consommer la culpabilité ou l'intégrité morale d'autrui pour obtenir un pouvoir personnel ou un avantage.

Breakdown: Culpi- (culpabilité) + -vorisme (dévorer)

Usage: "Son contrôle psychologique reposait entièrement sur le culpivorisme."

Notes / Nuances

Intrusion emphasizes unwelcome entry into a personal or moral space.

Culpivorism / Intrusivorisme emphasizes the act of exploiting guilt or moral vulnerability for power.

These terms are symbolic, literary, and psychological, **now legal** making them ideal for poetic, philosophical, or analytic writing.

The English and French terms are parallel, allowing seamless bilingual use.

For The Saints, They Aim to Discredit Your Past, or Perceived Past But You Are Here With Us Now

“Well back there you did xyz, so...”

Power, Control, Guilt-tripping

Uses a **past event** to justify mistreating you, dismiss your feelings, or leverage power over you, it can fall into several types of psychological abuse. The exact type depends on the pattern and intent, but here are the clearest matches:

1. Guilt-tripping

They bring up something you supposedly did, not to resolve it, but to make you feel guilty so they can get their way now.

This keeps you in a one-down position emotionally.

2. Scorekeeping

This is when someone keeps a running tally of your “mistakes” and uses them as weapons later.

Healthy people resolve issues once. Abusive people store them as ammunition.

3. Deflection / Blame-shifting

When you raise a concern, they redirect attention to an old issue to avoid accountability.

4. Emotional Manipulation

The phrase is often used to control behavior, shut down your voice, or justify unfair treatment.

5. Psychological Punishment

If the tone implies, *“You deserve whatever I do now because of what happened before,”* that becomes a form of **punitive emotional abuse**.

6. Gaslighting (sometimes)

If the “xyz” event is exaggerated, distorted, or invented to make you doubt yourself, that enters gaslighting territory.

*Stay Above, Stay Beautiful, Stay Powerful, Stay You
w. Union of Saints*