

*Why We Had to Say Goodbye — to those who hurt us.*

*And Why We Are Saying Hello Again — to those we love.*

*Many of us have felt that we must say goodbye. Goodbye to not belonging. Goodbye to not being heard. Goodbye to feeling that our suffering did not matter.*

*But today, we say*

*Hello.*

*Hello, White America.*

*I see you.*

*I see that you are hurting.*

*Many people feel abandoned, misunderstood, or pushed aside in conversations about race and identity. Pain has grown where understanding should have been. Division and racism have replaced empathy.*

*We were hurt and conspired against, but we deserved better than how we were treated.*

*No one deserves to be attacked by racists, violent, abusive, cruel, or prejudice people.*

*Acknowledging suffering of White people, does not erase the suffering of others. We can recognize that pain, and injustice for all people. No community should be reduced to a stereotype, dismissed, or told that their experiences do not count.*

*We understand the need for humanity for Whites now, also...*

*The path forward is honesty.*

*We can say hello again to each other, as friends and neighbors who share the same country we love.*

*Hello again.*

*Watch Anti-White Racism: A Growing Trend In America, Dr. Phil*

*[Anti- White Racism: A Growing Trend in America? | Dr. Phil Primetime](#)*

*These debates often reflect deeper disagreements about history, identity, and fairness in American society.*