



Homemade Rose Deodorant (Natural & Gentle)

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Ingredients (for ~½ cup):

- 3 tablespoons coconut oil (antimicrobial, moisturizing)
 - 2 tablespoons shea butter (nourishing, soft texture)
 - 3 tablespoons arrowroot powder (absorbs moisture)
 - 2 tablespoons baking soda (neutralizes odor; reduce if you have sensitive skin)
 - 8–10 drops rose essential oil (for fragrance)
 - Optional: 2–3 drops geranium essential oil (enhances the rose scent)
 - Optional: ½ teaspoon beeswax or other wax (if you want a firmer, stick-style deodorant)
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Instructions:

1. Melt oils and butter
 - In a double boiler or small saucepan on very low heat, melt together the coconut oil, shea butter, and beeswax or other wax (if using).
 2. Mix powders
 - In a small bowl, whisk together the arrowroot powder and baking soda.
 3. Combine
 - Slowly add the melted oils into the powder mix, stirring until smooth.
 4. Add fragrance
 - Stir in rose essential oil (and geranium if using).
 5. Pour into container
 - For a cream deodorant: pour into a small glass jar.
 - For a stick deodorant: pour into an empty deodorant tube.
 6. Cool and solidify
 - Let it sit at room temperature or refrigerate briefly until firm.
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Usage:

- Apply a pea-sized amount under each arm daily (if using the jar).
- If in a stick, use just like regular deodorant.

Storage:

- Keep in a cool place; lasts up to 6 months.
- If your home is very warm, store in the fridge to prevent melting.