

100 Beautiful Tea Blends

R&R

1-20: Digestive & Root-Based Blends

- 1. Dandelion Root & Ginger**
 - 2. Burdock Root & Licorice**
 - 3. Ginger & Fennel Seed**
 - 4. Dandelion Root & Turmeric**
 - 5. Licorice Root & Cardamom**
 - 6. Ginger & Lemongrass**
 - 7. Burdock Root & Cinnamon**
 - 8. Dandelion Root, Ginger & Fennel**
 - 9. Turmeric & Black Peppercorn**
 - 10. Ginger, Licorice & Orange Peel**
 - 11. Dandelion Root & Peppermint**
 - 12. Burdock Root, Ginger & Lemon Peel**
 - 13. Ginger & Holy Basil (Tulsi)**
 - 14. Licorice Root & Rooibos**
 - 15. Dandelion Root & Hibiscus**
 - 16. Ginger & Lemon Verbena**
 - 17. Burdock Root & Nettle Leaf**
 - 18. Turmeric, Ginger & Lemongrass**
 - 19. Licorice Root, Fennel & Cinnamon**
 - 20. Dandelion Root, Licorice & Cardamom**
-

21-40: Allergy-Soothing & Anti-Inflammatory Blends

- 21.Nettle Leaf & Peppermint**
 - 22.Lemon Balm & Nettle Leaf**
 - 23.Elderflower & Peppermint**
 - 24.Peppermint & Licorice Root**
 - 25.Holy Basil & Nettle**
 - 26.Lemon Balm & Ginger**
 - 27.Lavender & Nettle**
 - 28.Rooibos & Nettle**
 - 29.Thyme & Lemon Peel**
 - 30.Peppermint, Lemon Balm & Nettle**
 - 31.Elderflower, Lemon Verbena & Rooibos**
 - 32.Ginger & Thyme**
 - 33.Peppermint, Licorice & Rooibos**
 - 34.Nettle & Lemon Verbena**
 - 35.Holy Basil, Ginger & Lemon Peel**
 - 36.Elderflower & Lemon Verbena**
 - 37.Peppermint, Thyme & Fennel**
 - 38.Lemon Balm, Rooibos & Licorice**
 - 39.Lavender & Lemon Balm**
 - 40.Nettle, Burdock & Peppermint**
-

41-60: Floral & Aromatic Blends

- 41.Lavender & Lemon Verbena**
- 42.Rose Petal & Hibiscus**
- 43.Hibiscus & Lemon Peel**

44.Rose Petal, Lemon Balm & Peppermint

45.Lavender & Rooibos

46.Lemon Balm & Rose Petal

47.Hibiscus, Lemon Peel & Ginger

48.Lavender & Lemon Verbena & Ginger

49.Rose Petal, Rooibos & Licorice

50.Hibiscus & Fennel Seed

51.Lavender, Peppermint & Lemon Peel

52.Rose Petal & Holy Basil

53.Hibiscus & Turmeric

54.Lavender & Cardamom

55.Lemon Balm, Hibiscus & Ginger

56.Rose Petal, Lemon Verbena & Rooibos

57.Lavender & Ginger Root

58.Hibiscus, Lemon Peel & Licorice

59.Rose Petal & Fennel Seed

60.Lavender, Rooibos & Lemon Verbena

61–80: Citrus & Cleansing Blends

61.Lemon Peel & Ginger

62.Lemon Verbena & Licorice

63.Orange Peel & Rooibos

64.Lemon Peel, Ginger & Lemon Balm

65.Lemon Verbena & Fennel

66.Lemon Peel & Holy Basil

67.Lemon Balm & Rooibos

- 68.Lemon Verbena, Lavender & Ginger**
 - 69.Lemon Peel & Licorice Root**
 - 70.Lemon Verbena & Cardamom**
 - 71.Orange Peel, Ginger & Rooibos**
 - 72.Lemon Balm, Peppermint & Lemon Peel**
 - 73.Lemon Verbena & Nettle**
 - 74.Lemon Peel, Hibiscus & Ginger**
 - 75.Lemon Verbena, Rose Petal & Rooibos**
 - 76.Lemon Balm, Rooibos & Licorice**
 - 77.Lemon Peel & Burdock Root**
 - 78.Lemon Verbena & Thyme**
 - 79.Lemon Balm & Lavender**
 - 80.Lemon Peel, Licorice & Fennel**
-

81-100: Energizing, Soothing & Adaptogenic Blends

- 81.Holy Basil & Ginger**
- 82.Rooibos & Turmeric**
- 83.Licorice Root & Cardamom**
- 84.Rooibos & Peppermint**
- 85.Holy Basil, Lavender & Lemon Peel**
- 86.Ginger, Lemon Balm & Rooibos**
- 87.Licorice Root & Lemon Verbena**
- 88.Rooibos, Ginger & Lemon Peel**
- 89.Holy Basil & Lemon Balm**
- 90.Rooibos & Lemon Verbena**
- 91.Ginger, Fennel & Licorice Root**

92.Holy Basil & Peppermint

93.Rooibos, Rose Petal & Hibiscus

94.Ginger & Rooibos & Lemon Peel

95.Turmeric, Ginger & Lemon Balm

96.Licorice Root & Holy Basil

97.Rooibos, Lavender & Lemon Verbena

98.Ginger, Nettle & Lemon Peel

99.Lemon Balm, Rooibos & Lavender

100.Holy Basil, Rooibos & Lemon Verbena