

Community Wavelength, Protecting Spiritual Essence

With love for my hometown, and all the places I cherish. An important message for locals, and those who just, “know.” A note regarding our humble beginnings, community spiritual essence, and why children and teens are especially susceptible to change and bad energetic influence. As guardians we must protect and preserve our spirit and culture:

When outsiders who do not understand a community’s culture or spiritual energy step in with authority or influence, there can be great harm. These individuals may overlook the sacred rhythms of the community, dismiss the values that hold towns and families together, and disrupt the invisible threads that make up a town’s essence. Spiritual makeup—what some might call the soul of a place—is fragile, and it can be deeply affected by those who carry a “shift” of energy, almost like a strange weather system moving in.

This “shifty spiritual weather” is more than a metaphor; it describes the subtle ways energy can feel unsettled, how mistrust and confusion can begin to spread, and how people may be pulled away from their own grounding. Communities that do not set firm boundaries risk being reshaped by outside forces that do not honor their traditions or their love for one another.

That is why it becomes vital to protect the community’s wavelength—its unique vibration of love, care, and belonging. To safeguard family, children, and the greater circle, teachers, businesses, schools, hospitals, etc. there must be standards: clear agreements about what is allowed in, and what must be kept at the threshold. This is not about fear, but about guardianship—protecting what is sacred, so that it continues to grow and flourish for generations.