

The War of Suicide

Yearly Suicide Rates (United States)

Recent Yearly Numbers

- ***2023: Approximately 49,316–49,449 deaths***
- ***2024 (preliminary): Approximately 48,800 deaths***

Key Statistics

- ***About 1 death every 11 minutes***
- ***A rate of roughly 13–14 deaths per 100,000 people***

Overall Estimate

Approximately 48,000–50,000 suicides per year in the United States

Demographic Breakdown: White Americans

In the United States, White Americans account for the majority of suicide deaths.

Key Findings

- ***About 75%–80% of suicides are among individuals identified as White (non-Hispanic)***
- ***White individuals have a higher suicide rate than many groups***
- ***American Indian and Alaska Native communities also experience notably high rates***

Reaching Our Understanding

Roughly 3 out of every 4 suicide deaths in the U.S. are among White individuals

Suicide represents a profound and ongoing crisis, one that affects individuals, families, and entire communities across the nation. Addressing it requires awareness, compassion, and a willingness to confront difficult realities, including isolation, trauma, and unmet emotional needs.

We seek to help stop this “war” by promoting awareness, strengthening human connection, and addressing the deeper roots of our suffering, such as loneliness and abuse, through guidance, support, and pathways toward the faith of “true peace.”

Americans deserve a fair chance at life.