Union of Saints, The Mental Health Disorders Wanting to Enslave, Dominate, or Subjugate Others

Wanting to **enslave**, **dominate**, **or subjugate** others can stem from individual psychopathology, but also from **cultural**, **religious**, **and systemic structures** that normalize domination. Below is a structured breakdown:

1. Personality Disorders and Traits

These don't make *everyone* with the disorder abusive, but certain traits can predispose to domination:

- Narcissistic Personality Disorder (NPD)
 - Desire for control, admiration, and superiority.
 - Lack of empathy → can see others as "tools" to use.
 - Grandiose narcissism (believing oneself chosen, destined, superior) often fuels subjugation.
- Antisocial Personality Disorder (ASPD / Psychopathy, Sociopathy)
 - Exploitation without remorse.
 - Charm mixed with manipulation → enslaving or subjugating may be rationalized as survival or power.
- Sadistic Personality Traits (not an official DSM-5 disorder, but studied in forensic psychology)
 - Pleasure in causing pain, degradation, or humiliation.
 - · Control over others seen as enjoyable.
- Paranoid Personality Disorder (in authoritarian forms)
 - Viewing others as threats → justifies subjugation as a way of "controlling the enemy."

2. Delusional & Psychotic Disorders

- Delusional Disorder, Grandiose or Religious Type
 - Belief that one has divine right to rule, enslave, or "purify."

- Historically tied to leaders claiming "God gave me power over others."
- Schizophrenia / Schizoaffective (when paired with religious or messianic delusions)
 - Some individuals may believe they are chosen prophets tasked with controlling others.

3. Cult Dynamics and Religion-Linked Psychology

Religion itself is not a disorder, but **religious ideologies can be exploited by disordered individuals**:

- Authoritarian religious leaders often show narcissistic, antisocial, or psychopathic traits.
- **Spiritual abuse**: twisting scriptures or doctrines to justify hierarchy, servitude, or subjugation.
- **Groupthink & Obedience** (not a disorder, but a psychological process): followers internalize domination as "holy duty."
- Religious Trauma Syndrome (RTS): describes the long-term psychological impact on those subjugated by controlling religious systems.

4. Social & Historical Dynamics

- Systemic Narcissism: Cultures or institutions that normalize hierarchy, slavery, or caste.
- Colonial Mentality: Rooted in superiority complexes, rationalized by race or religion.
- Militant Ideologies: Often overlap with paranoia, narcissism, and messianic delusions.

Summary

- On the **individual level**, narcissism, antisocial personality disorder, and sadistic traits are the most associated with wanting to enslave or subjugate.
- On the **psychotic/delusional level**, grandiose and religious delusions can drive people to believe domination is justified.
- On the **cultural/religious level**, authoritarian structures exploit human vulnerability and obedience, often masking narcissistic or sadistic impulses in "holy" or "moral" language.