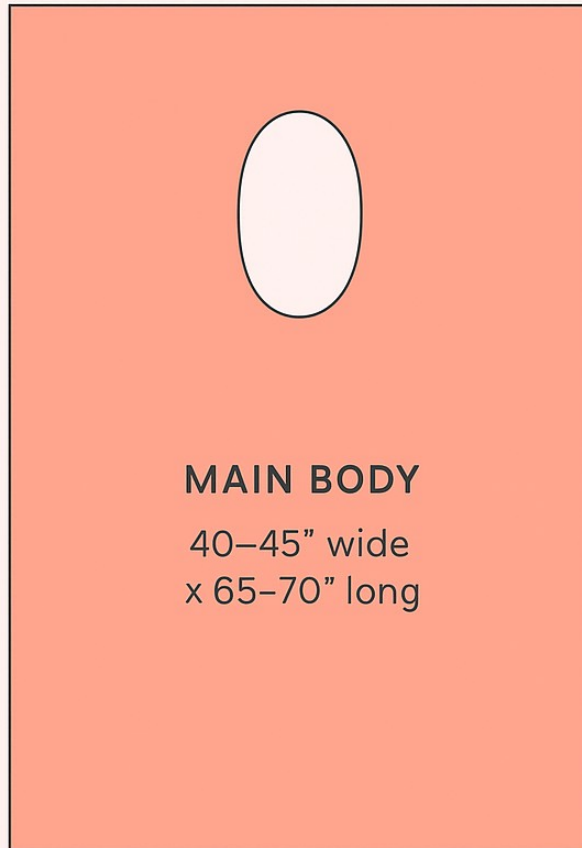


My Pride & Joy “Ropa” De Oración “Prayer Robe”



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ROPA DE ORACION



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✂ Simple Recipe for Ropa de Oración

Fabric Cuts

1. Main Body (1 piece)

- Rectangle: **40–45” wide × 65–70” long**
- Fold in half, cut an **oval neck hole** in the center.

2. Hood/Flap (1 piece)

- Rectangle: **20” wide × 25” long**
- Fold in half widthwise → stitch top seam → attach to neck opening.

3. Belt (3 strips)

- Strips: **2” wide × 60” long** each
- Braid them together to make one belt.

Assembly

1. Hem all raw edges.
2. Sew hood onto neckline.
3. Braid belt and add loops at waist.
4. Done! Wear as robe, hooded cover, or towel.

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More In-Depth Instructions:

✂ Materials You’ll Need

- **Fabric:** 2.5–3 yards of lightweight cotton, muslin, or linen (flat-woven, like Turkish towel fabric).
 - **Thread:** Matching or natural-tone cotton thread.
 - **Sewing tools:** Scissors, pins, ruler/yardstick, chalk, and sewing machine.
 - **Extra fabric strips:** For braided belt (about 2” wide × 60” long, cut into 3 strips).
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Step-by-Step Instructions

1. Cut the Base Robe Shape

- Fold the fabric in half (lengthwise).
- Cut a large rectangle: approx. **40–45” wide × 65–70” long** (standard Turkish towel size).
- Keep it folded—this will naturally give you a doubled thickness when worn as a robe.

2. Neck Opening (Oval Shape)

- At the center fold, mark an **oval hole** for the neck. About **6–7” wide × 10” long** works for most.
 - Cut carefully, and hem around the oval so it won’t fray.

3. Hood/Flap

- From leftover fabric, cut a rectangle about **20” wide × 25” long**.
 - Fold it in half widthwise (so it’s 20” × 12.5”).
 - Sew along the top edge to make a hood shape.
- Attach the hood to the neckline, so it can be worn either:
 - **On the head** (as a hood), or
- **Pulled forward over the chest** (as a flap/enclosure when using it like a towel).

4. Side Seams (Optional)

- Leave the sides open for a flowing poncho style, **OR** sew from the armpit down $\frac{3}{4}$ length to create more robe-like sides, leaving slits at the bottom for movement.

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5. Belt (Braided Rope)

- Cut 3 long strips of fabric (about 2” × 60”).
- Stretch slightly, then braid them together into a cord.
- Stitch the ends to secure, and optionally knot.
- Sew belt loops on each side of the robe to hold it in place.

6. Finishing Touches

- Hem all raw edges (sides and bottom).
 - Pre-wash to soften and shrink into natural drape.
 - Optional: Add minimal embroidery (cross, sun, waves, or personal symbol) to the flap for spiritual identity.
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Result

You now have a **ropa de oración** that is:

- A **robe** for prayer and reflection.
- A **hooded cloak** for meditation and covering.
- A **flat towel** when laid out or wrapped.
- Secured with a simple **braided belt**.