

Union of Saints

Coerced Abstinence, Genocide

When women are manipulated, coerced, or forced into abstinence (whether through cultural pressure, religious manipulation, legal restrictions, or social punishment), it isn't simply a matter of "personal choice being constrained." It becomes a system of reproductive control. And when such control is designed to suppress or eliminate certain groups, classes, or populations, it overlaps with genocidal eugenics.

1. Why coerced abstinence = reproductive control

- Autonomy stripped – Women are denied the right to decide freely about their bodies, relationships, and reproduction.
 - Population impact – If large groups of women are coerced into abstinence, birth rates drop in ways that may be targeted at particular communities.
 - Collective harm – This isn't just individual oppression; it reshapes demographics, culture, and lineage.
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2. Connection to eugenics

- Eugenics is about controlling who is "allowed" to reproduce, often based on race, class, disability, or ideology.
 - Forcing abstinence functions like forced sterilization — both restrict who may carry life forward.
 - If aimed at silencing, erasing, or "purifying" a population, it's part of the genocidal toolkit.
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3. Why it's genocidal

- Intent to erase – Preventing births in a group or culture contributes directly to population decline.
- Violation of human rights – International law (like the UN Genocide Convention) considers imposing measures intended to prevent births within a group as an act of genocide.

- Cultural death – Beyond physical population, coerced abstinence suppresses traditions, family lines, and women's roles as culture-bearers.
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4. The deeper violence

- Psychological violence – Women are made to feel shame for desire, guilt for their biology, and fear of punishment for agency.
 - Spiritual violence – Intimacy and reproduction are sacred aspects of human life. To weaponize abstinence is to desecrate that sacredness.
 - Social violence – Communities fracture when women are treated as vessels of control instead of full, free participants in life.
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5. Contrast: genuine choice vs. coerced abstinence

- Chosen abstinence — healthy, spiritual, or personal; rooted in freedom.
- Forced abstinence — abusive, coercive, and destructive; rooted in domination.

The difference is autonomy. Eugenics thrives on destroying autonomy.



To put it simply:

- When women freely choose abstinence, it is sacred.
- When women are forced into abstinence, it is violence.
- When that violence is systemic, it is eugenics.
- When it aims to suppress a people, it is genocide.