

# Tucson Homeless Food & Meal Assistance Information Packet

## “Step By Step, We Can Make It If We Try”

1. For your town or city, use ChatGPT and type:  
“Please create an information packet for all programs that will help homeless daily with food and shelter needs, including telephone and email contact information, in [your city].”
  2. For your town or city, use ChatGPT and type:  
“Which officials do we contact to initiate a program like Greenlots Litter Removal, Recycling, and Homeless Encampment Sanitation?”
  3. Use our proposal, which may be tailored for your city or town. Loving regards! We can do this together with just a little more effort and help from our mayors and officials.
- 

## Emergency Daily Food Assistance in Tucson, Arizona

If you are homeless, struggling financially, or in immediate need of food, these Tucson organizations and churches may help with free meals, food boxes, hygiene supplies, outreach, showers, and shelter referrals.

---

## Daily Meal Programs

### Casa Maria Soup Kitchen

**Address:** 352 E. 25th St., Tucson, AZ 85713

**Phone:** (520) 624-0312

- Daily sack lunches and meals
  - Open every day from 8:30 AM – 11:30 AM
  - One of Tucson’s longest-running homeless meal programs
- 

### Caridad Community Kitchen

**Address:** 845 N Main Ave., Tucson, AZ 85705

**Phone:** (520) 882-5641

- Free community meals throughout the week
  - Monday, Wednesday, Friday: Meals at Salvation Army Hospitality House
  - Tuesday: Grab-and-go meals
  - Thursday: Meals at Tucson Sharon Seventh-day Adventist Church
- 

## **The Salvation Army Hospitality House**

**Address:** 1002 N Main Ave., Tucson, AZ 85705

**Phone:** (520) 792-1111

- Community meals
  - Soup Patrol outreach
  - Food pantry and emergency assistance
  - Weekday evening food outreach during colder months
- 

## **Food Pantries & Grocery Assistance**

### **Interfaith Community Services**

**Address:** 2820 W Ina Rd., Tucson, AZ 85741

**Phone:** (520) 297-6049

- Food boxes
  - Emergency assistance
  - Mobile food programs
  - Help with utilities and referrals
- 

### **Interfaith Community Services – Eastside**

**Address:** 8701 E Old Spanish Trail, Tucson, AZ 85710

**Phone:** (520) 297-6049

- East Tucson food bank support
  - Weekday pantry hours
  - Emergency food assistance
-

## **Grace Saint Paul's Church – Joseph's Pantry**

**Address:** 2331 E Adams St., Tucson, AZ 85719

**Phone:** (520) 327-6857

- Church food pantry
  - Grocery distribution for residents in need
  - Open multiple mornings weekly
- 

## **Christian Faith Center**

**Address:** 4108 E North St., Tucson, AZ 85712

**Phone:** (520) 722-2217

- Thursday food boxes
  - Free onsite meals
  - Walk-ins welcome
- 

## **Additional Homeless Support Services**

### **Poverello House of Tucson**

- Day shelter
- Meals
- Showers
- Laundry access
- Safe daytime rest area

**Website:** [tucsonpoverello.com](http://tucsonpoverello.com)

---

### **Gospel Rescue Mission**

**Address:** 4550 S Palo Verde Rd., Tucson, AZ 85714

**Phone:** (520) 740-1501

- Shelter
- Nutritious meals
- Clothing and hygiene assistance

- Recovery and stabilization programs
- 

## **St. Francis Community Services**

**Address:** 3550 N 1st Ave., Suite 260, Tucson, AZ 85719

**Phone:** (520) 461-4943

- Food pantry
  - Cooling center
  - Hydration support during extreme heat
- 

## **The Loving Church**

**Address:** 166 E Roger Rd., Tucson, AZ 85705

**Phone:** (520) 788-2229

- Meals several days weekly
  - Showers
  - Clothing assistance
  - Transportation outreach for homeless individuals
- 

## **Hope of Glory Ministries**

- Park outreach meals
- Clothing and hygiene supplies
- Food-to-go distribution

**Website:** [tucsonhope.org](http://tucsonhope.org)

---

# **Helpful Tucson Resource Directory**

## **TucsonHomeless.org**

Offers:

- “Find Me Food”
- “Find Me Shelter”
- Emergency services

- Outreach programs
  - Updated Tucson homeless resources
- 

# Community Fridge Resource

## Tucson FREEdge

**Address:** 2831 E Broadway Blvd., Tucson, AZ 85716

**Phone:** (520) 500-2047

- Free community refrigerators
  - Open 24/7
  - Ready-to-eat food and groceries when stocked
- 

## Important Notes

- Many programs serve people without requiring identification.
  - Some food pantries may limit visits to weekly or monthly pickup.
  - Water and cooling resources are extremely important during Tucson summers.
  - Calling ahead is recommended when possible because schedules can change.
- 

## Emergency Numbers

- **Arizona Community Assistance:** Dial 211
- **Emergency Services:** Dial 911
- **Pima County Crisis Line:** 988

Community discussions also mention additional churches and neighborhood outreach programs throughout Tucson that regularly distribute food and supplies.

---

# Contacts

## Primary Contacts & Phone Numbers for Tucson Homeless Food and Outreach Programs

### Casa Maria Soup Kitchen

**Phone:** (520) 624-0312

**Contact:** Brian Flagg

**Email:** [casamariatucson@yahoo.com](mailto:casamariatucson@yahoo.com)

- Daily meals and sack lunches
- 

### Caridad Community Kitchen

**Phone:** (520) 882-5641

**Address:** 845 N Main Ave., Tucson, AZ 85705

- Free grab-and-go meals weekdays
- 

### Salvation Army Hospitality House

**Phone:** (520) 622-5411

**Address:** 1002 N Main Ave., Tucson, AZ 85705

- Shelter, meals, and outreach services
- 

### Interfaith Community Services

**Main Phone:** (520) 297-6049

**Homeless Coordinated Entry Line:** (520) 477-0989

**Email:** [info@icstucson.org](mailto:info@icstucson.org)

- Housing assessments
  - Food boxes
  - Referrals
- 

### Grace Saint Paul's Church – Joseph's Pantry

**Phone:** (520) 327-6857

- Food pantry distribution multiple mornings weekly
-

## **Christian Faith Center**

**Phone:** (520) 722-2217

- Thursday meals and food boxes
- 

## **Poverello House of Tucson**

**Website:** [tucsonpoverello.com](http://tucsonpoverello.com)

- Day shelter
  - Showers
  - Meals
  - Rest assistance
- 

## **Gospel Rescue Mission**

**Phone:** (520) 740-1501

**Email:** [info@grmtucson.com](mailto:info@grmtucson.com)

- Shelter intake
  - Meals
  - Recovery services
- 

## **St. Francis Community Services**

**Phone:** (520) 461-4943

- Pantry
  - Hydration support
  - Cooling center
- 

## **The Loving Church**

**Phone:** (520) 788-2229

- Meals
  - Showers
  - Clothing assistance
-

# Additional Citywide Help Lines

- **Tucson Homeless Help Hotline:** (520) 791-2540  
24/7 resource connection line
  - **Arizona 211:** Dial 211  
Shelters, food, and emergency services
  - **Crisis & Mental Health Line:** 988
  - **Tucson Crisis Response:** (520) 622-6000
- 

## Additional Resource Directory

### **TucsonHomeless.org**

Updated meal schedules, shelters, outreach services, and emergency resources for Tucson residents in need.