

# Nel's Sweet Nicecream Collection

A Collection of Whimsical Nicecream Recipes

For friends, family, and sweet memories

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## ■ D. Cowdrey's Lovely Grape Nicecream

Ingredients: - 2 cups frozen grapes - 1/2 cup oat milk - 1/2 cup coconut milk - 2 tbsp grape juice concentrate - 1 tbsp maple syrup (optional)

Instructions: 1. Blend all ingredients until creamy. 2. Freeze for 1-2 hours. 3. Scoop and enjoy!

## ■ D. Cowdrey's Pretty Bubblegum Nicecream

Ingredients: - 2 frozen bananas - 1/2 cup oat milk - 1/2 cup coconut milk - 1/2 tsp natural bubblegum flavoring - 1 tbsp maple syrup (optional) - A few crushed natural bubblegum pieces (optional)

Instructions: 1. Blend bananas with oat and coconut milk. 2. Add flavoring and sweetener, blend smooth. 3. Stir in crushed gum if desired. 4. Freeze 1-2 hours and serve with a smile.

## ■ D. Cowdrey's Whimsical Cotton Candy Nicecream

Ingredients: - 2 frozen bananas - 1/2 cup oat milk - 1/2 cup coconut milk - 1/2 tsp natural cotton candy flavoring - 1 tbsp maple syrup (optional) - A few shreds of real spun sugar (for garnish, optional)

Instructions: 1. Blend bananas with milks until smooth. 2. Add cotton candy flavor and sweetener. 3. Freeze for 1-2 hours. 4. Scoop into bowls, top with spun sugar, and enjoy the whimsy.

Sweetly yours,

D. Cowdrey