

Union of Saints, Deliberate Persistence, When They Double Down

1. Everyday / Social Dynamics

- **Power struggle:** Doubling down is often a way of asserting dominance — “I won’t back off because I want to prove I’m right.”
 - **Emotional immaturity:** Instead of reflecting, they dig in, which shows defensiveness rather than openness.
 - **Escalation tactic:** Some people double down to push the other person into giving up, almost like “wearing them out.”
 - **Impact on the target:** You may feel invalidated, cornered, or pressured to accept their label or treatment.
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2. Legal / Professional Implications

- **Workplace settings:** If you’ve asked someone to stop (e.g., making personal comments, labeling you, or undermining you) and they double down, it could be considered **harassment** or contribute to a **hostile work environment**.
 - **Defamation risk:** If their “doubling down” involves spreading false claims about you, repeating them after you’ve objected strengthens your case that the statements are malicious.
 - **Retaliation:** If you set a boundary or report misconduct, and the person doubles down in response, it can fall under **retaliation laws**, which are taken seriously in employment and organizational contexts.
 - **Documentation value:** Each instance of doubling down after being told to stop strengthens the record of intentional behavior, making it harder for them to claim ignorance.
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👉 The key difference is **intent**: the first time could be dismissed as ignorance or misunderstanding, but doubling down shows **deliberate persistence**, which carries more weight both socially and legally.

It is aggression, and aggression or violence should not be tolerated.