

Ancestral Truth, Lost Histories, and the Way Forward

Friends,

When we look back at the earliest societies of this earth, we find not only stories of beauty but also stories of great pillaging and destruction. The ancestors of us all—whether we trace our bloodlines to Africa, to Egypt, or beyond—lived lives connected to spirit, land, and one another. Science confirms what sacred wisdom has always whispered: humanity's roots are in Africa, and Egypt's pyramids still stand as testimony to what we once revered, who we once looked up to, and how we once reached toward the divine together.

Yet history, rewritten through war and conquest, has often been turned upside down. What was once natural—women serving as nurturers, healers, teachers, herbalists—was twisted into accusations of evil. The patriarchal gods of later eras demanded the silencing of the goddess, and with that silencing came a culling not only of women but of humanity's wholeness itself. The loss was not just to women, but to men as well—their instinctual, sensitive, compassionate selves, their natural bond with sea, sky, animals, and earth.

Still, our ancestors left us teachers. Among them is Ma'at, who embodies truth, balance, and justice, reminding us of our deepest ancestry. In the Hellenistic era, we see glimpses of what was lost: societies where kings and queens sat side by side on thrones of equality, where wealth was measured not only in gold but in fruits, flowers, animals, and reverence for life itself. These were not perfect societies, but they were richer in harmony, beauty, and compassion than much of what came after. Early healers created rules to protect innocence and safeguard life, embodying the truth that spirituality is about preservation, not destruction.

We can learn much from the Greeks, the Jews, and the Egyptians—their activism, their migrations, their partnerships, their struggles. History does indeed repeat itself, but it does not have to enslave us. With awakened minds, with the healing power of spirit, with compassion restored to our vision, we can rise above the old cycles and move into a future guided by wholeness.

The Saints are here to challenge us: to open our eyes to history's fuller truth, and to invite us into a new way of being—a spiritual life rooted in justice, balance, and reverence for both God and Goddess, past and present. In the coming weeks, we will be exploring OZIRAHism, a teaching and practice devoted to this balance, and it is freely offered to you as our gift.

What a profound time we live in—where the wisdom of the past meets the courage of the present, and together, we may shape a brighter, more compassionate future.