

Santa Letter Communication

Making the case for “letter argumentation,” “letter debate,” or “letter discussions.”

Letters are Santa approved for going over political issues or more difficult issues to navigate. Why is this method more helpful than casual conversations? Cool ~ space.

Often, a great deal of human emotion is involved in regular conversations. Letters offer space, time, reflection, and also a buffer. Not only are letters a great communication method, but they allow all parties involved time to breathe, meditate, pause from the issues, and revisit them on their own time. They can help people navigate issues on a deeper level.

This type of psyche-building and written navigation is a lighter form of communication, yet it is deeper and holds more weight. Wisdom may be achieved. There are also rules involved, whereas casual conversations often do not have rules per se, and free speech can run wild with untrained voices.

On paper, people can yell and say things, but it does not hurt as much. However, more rules can be placed on written communication in ways that feel better to individuals.

For example:

A very difficult subject matter may come up at work between friends. Instead of having a healthy conversation about it, individuals at work may start ganging up on another individual. Perhaps it was a difficult subject to navigate, and they were not able to address it directly in a healthy way because their voices were not yet developed. Instead, they chose to bully or sabotage the other person in passive aggressive ways.

A leadership position could be taken, and healthy navigation is possible, though certainly not through passive aggressive commentary and shallow conversations held in brief moments, where we are unable to look at the depth of a situation or use the time and listening skills necessary.

Letters truly offer a breath of fresh air for all involved. They give everyone a chance to say what they really feel. Certain boundaries in writing can be expressed, and ultimately the goal is to mediate and feel good about the discussions that are had.

While positive letter communication may be wishful thinking with many political conversations, as others are not always going to agree, and there is also vulnerability in written communication that should be taken with caution. Personal boundaries are very important and are often easier to navigate through letters.

Among close, long-term friends, coworkers, or colleagues where a bond has been formed, a letter can be a great way to have a healthy, functional conversation.

This is “Santa Letter Communication.”