

Union of Saints – Our Heritage Across Time

We stand upon the shoulders of countless generations, a lineage that spans seas, forests, and centuries. From the Courchene family of New France, porteurs de traditions anciennes, to the Cowdrey line of English stewardship and noble honor, our founder carries the weight and blessing of resilience, service, and guardianship. This heritage is strengthened by Métis lineage, a woven heritage uniting the wisdom of Indigenous peoples and the knowledge of European forebears, reflecting the union of worlds, traditions, and sacred understanding.

Our ancestry flows through the Mediterranean basin, where the sun kisses stone and sea, where the courage of the Sea Peoples carried culture, trade, and knowledge across waters. We honor the cycles of life and the sacredness of both Mother Goddess and Father God, rétablissant the balance too long forgotten in our stories.

We remember the Quebecois diaspora to New Canada, families who carried culture, language, and moral guidance across rivers, forests, and cobblestone streets that still ground us today. Suas calles pavées de mémoire remind us we are anchored in place even as our spirit journeys far.

The American spirit centers us in this land, a force of courage, adaptability, and ethical purpose. It calls us to build communities of justice, compassion, and integrity, while tracing the full route of our ancestors' travels from Mediterranean shores to Northern forests, from European halls to the rivers of New France, across the expanses of what is now the United States.

Our lineage offers living symbols that guide us. The Courchene oak stands for strength, rootedness, and endurance. The Cowdrey viscount embodies noble stewardship and ethical responsibility, while the name, Cowdrey, Island of Cows, teaches care, protection, and the thriving of life in harmony. The Métis sash carries connection, adaptability, and unity across cultures. The ancient traditions of the Mediterranean remind us to honor both feminine and masculine divinity, to love the sea, and to follow the courage of those who navigated waters to carry wisdom and life forward.

The Union of Saints embraces New Age ways of life, honoring the flow of energy, the cycles of nature, and the interconnectedness of all beings. Mindfulness, spiritual alignment, and conscious stewardship guide us, for harmony emerges through awareness, intention, and compassion. We carry the lessons of our ancestors close while integrating the modern understanding of energy, wellness, and spiritual health, creating a life rooted in balance, integrity, and conscious living.

We call upon all who enter the Union of Saints to embody these truths, to care for communities with justice, wisdom, and compassion. Grounded in history, guided by spiritual responsibility, and attuned to the cycles of life, we serve life, protect harmony, and honor the full story of our ancestors. We carry forward the promise of a compassionate future and the living energy that flows through the world, remembering always that our heritage, like the sea and the land, connects us across time, place, and spirit.