



AMERICAN YOUTH CHEER

2025 COACHING CERTIFICATION REQUIREMENTS



1. The Head Coach of each team must be [Coaching Youth Cheer the AYC Way - 2nd Edition](#) certified or have been previously Human Kinetics certified and taken the [AYF/AYC Recertification: Sportsmanship, Safety and First Aid - 12th Edition](#) online course.
2. The Head Coach and all Assistant Coaches of each team are required to complete one (1) of the YCADA courses that are applicable:
 - a. [Y101AYC](#) - For first time coaches
 - b. Y102AYC - Speed course
 - c. [Y103AYC](#) - Recertification course for coaches who have already taken the Y101AYC and Y102AYC course
3. There shall be at least one (1) coach holding a Red Cross Card, or of similar equivalency, on each staff.