

Title

Ladue 5-Puck Race

Created By



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Description

- line 5 pucks on each blue line
- players race to their puck and try to score on breakaway before opponent
- 1 shot for each skater
- If you score, skate back and relay with next player in line.
- Miss it and you need to retrieve and skate back to relay with next player
- Goalies encouraged to hold puck to help their team or shoot it away from the shooter
- Players can try to knock pucks off opponents sticks in neutral zone to get an advantage
- Contact is ok

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