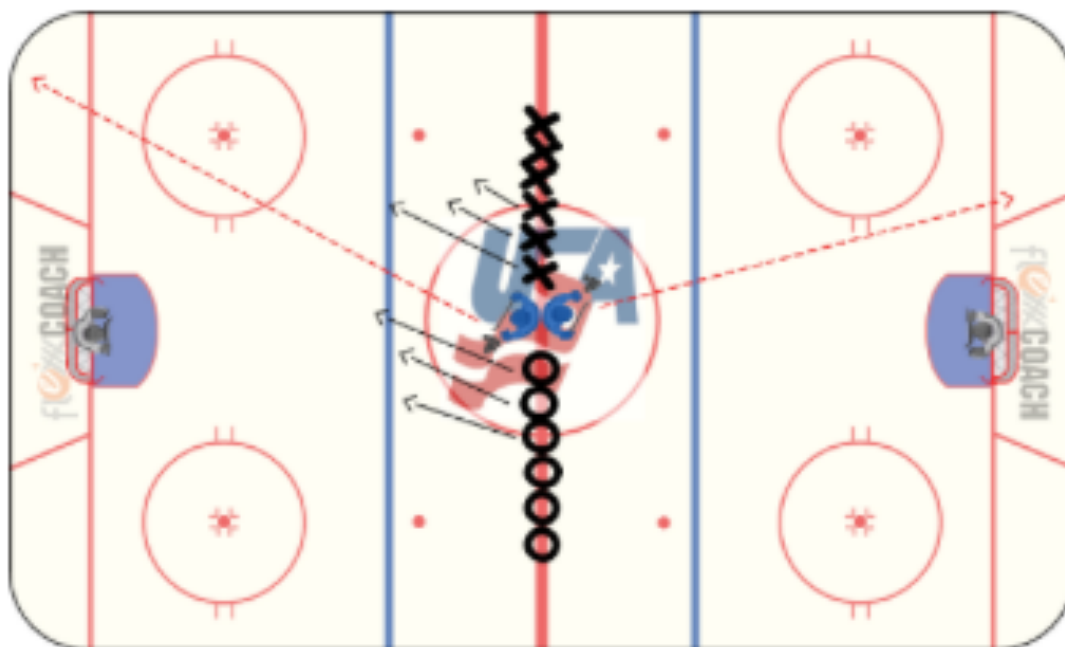




SCOTT
Paluch

BREAKOUT FORECHECK GAME



1. Coaches identify which team is on offense & which team is on defense in each zone.
2. One coach oversees each zone & game is played 3v3 simultaneously with one team attacking to score & one team defending to breakout by skating the puck over the blue-line.
3. A new puck is spotted in play once a goal is scored, a stoppage of play is earned or the defending breaks the puck out over the blue line before passing to coach.

Coaching Note: Players in line need to pay attention to both zones and be ready to perform either defensive or offensive role depending on what zone the new puck is dumped