

Title

Twin Bridges 10U B1 Sunglasses

Created By



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Description

- Line Fs and D's at blue line and goal line as shown with pucks down low with Fs.
- F1 passes to D1 and then skates to Net Front
- D1 passes to D2, D2 takes shot on net with F1 looking to tip/screen the goalie
- D1 follows the pass to center of the zone while D2 skates to far boards
- F2 passes to D2, F2 goes to net front
- D2 makes cross ice pass to D1 who waits for F1 & F2 to be at Net front.
- D2 shoots, F1 and F2 compete for tip and rebound on goalie
- Continue to run the drill as players cycle in and out of the drill

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Tags

d2d passing net front battle point shooting

tip drill goalie vision fast puck movement

