

Title

Ram Tough 4 v 2 or 4 v 3

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Description

- Play starts with one side on offense and one on defense. Coach dumps puck in
- 4 offensive players retrieve the puck and break out, while 2 defensive players communicate and setup
- Play continues until offense scores or defense gains possession and tries to score on far net or clear
- can play 4 v 2 or 4 v 3
- Alternate offense and defense

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Tags

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breakout zone entry puck support

