

Title

Eagles Zone Entry Game

Created By

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Description

- F1, F2 & F3 start by criss crossing in the neutral zone with F1 picking up the puck and going wide.
- Opposing D must wait to engage until AFTER the Fs enter the zone
- Support D skate up to create a 5 man offensive zone attack
- Play until a goal, a clear, a save or 60 seconds
- As an added bonus you can add a backchecker to enter the zone after the offensive forwards

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Tags

zone entry defensive support
3 layers of offensive support tracking
back-checking

