

RECOVERY NEWSLETTER

GAMEBREAKSPORTSMASSAGE.COM



GAMEBREAK
SPORTS MASSAGE

Monday September, 1st 2025



What's New

SEPTEMBER SPECIALS!

**MW LEARNING
ACADEMY EXCLUSIVE
MEMBERSHIP!**

**HORMONE HEALTH
WORKSHOP**

**INSIDE LOOK:
WAYS TO SAVE!!**

Fall Into Recovery

Fall is here!! The season of fresh starts, cooler days, and new routines. Whether you're getting back into training, juggling school schedules, or simply looking to reset, recovery is the foundation that keeps you moving strong all season long.



01/03

September Specials!!

BACK-TO-SCHOOL BACK-TO-RECOVERY

Whether you're an athlete hitting the field or a parent chasing routines, we've got you covered. **Get \$10 off** your next session when you mention this newsletter.

MW LEARNING ACADEMY EXCLUSIVE MEMBERSHIP

GAMEBREAK SPORTS MASSAGE IS EXCITED TO OFFER A SPECIAL STUDENT-ONLY DEAL! WE BELIEVE IN INVESTING NOT ONLY IN RECOVERY, BUT ALSO IN THE FUTURE OF OUR ATHLETES. THAT'S WHY WE CREATED THIS EXCLUSIVE MW ACADEMY MEMBERSHIP, BROUGHT TO YOU BY GAMEBREAK.

MEMBERSHIP INCLUDES:

- TWO 25-MINUTE SESSIONS EACH MONTH FOR JUST \$100 (A \$160 VALUE)

OUR SPORTS RECOVERY PROGRAM IS DESIGNED TO IMPROVE PERFORMANCE, REDUCE INJURY RISK, AND BUILD HEALTHY HABITS THAT LAST A LIFETIME. PARENTS CAN FEEL CONFIDENT KNOWING THEIR INVESTMENT HELPS KEEP THEIR CHILD'S BODY STRONG, RESILIENT, AND READY FOR TRAINING AND COMPETITION.

MEMBERSHIP PRICE
AUTOMATICALLY BILLED MONTHLY

~~\$160~~ **\$100**

PLEASE NOTE: THIS SPECIAL IS BROUGHT TO YOU EXCLUSIVELY BY GAMEBREAK SPORTS MASSAGE AND IS NOT A MW ATHLETIX-PROMOTION. CALL OR TEXT NUMBERS BELOW



HAVE A MOMENT?

Your opinion matters to us!

If you've enjoyed your recovery sessions with Gamebreak Sports Massage, we'd truly appreciate it if you could take a moment to leave us a Google Review. Your feedback helps us grow, improve, and continue providing the best recovery care for athletes and families in our community.



WAYS TO SAVE!!

\$10 CREDIT

~LEAVE A GOOGLE REVIEW!

~LEAVE A MASSAGE BOOK REVIEW

~REFER SOMEONE
(MAKE SURE THEY MENTION YOU IN THE "HOW DID YOU HEAR ABOUT US")

\$5 CREDIT

~Post a story on social media (bonus if you make a edited video!)

**SCAN QR CODE TO
BOOK NOW**



**MONDAY-FRIDAY & SELECT WEEKENDS
8AM-6PM**

Gamebreaksportsmassage.com

03/03

GAMEBREAK X ABUNDANT LAB

HORMONE HEALTH WORKSHOP

Come join your local practitioners as they share their personal stories and professional experiences working with individuals and athletes of all ages.

- Hormone health across all life phases
- Supporting recovery for athletes, first responders, firefighters, and women navigating hormonal transitions
- The role of diet, recovery, and lifestyle in balancing hormones
- Our go-to products that we trust and have seen transform our clients' well-being
- Light lunch & healthy snacks
- Tasting of De Sol Adaptogen-Rich Elixirs
 - liver-friendly, adrenal-supportive, and a feel-good buzz without the extra sugars or nonsense

When: Saturday, September 27th

Time: 10:30 AM – 12:15 PM

Location: Embodied Wellness, Chino, CA