



PrairieSol Wellness Virtual Seminar Registration Form

INDIVIDUAL INFORMATION

Date: _____

Full Name: _____ Birth Date: _____ Age: _____

Complete Address: _____

E-mail: _____ Cell/Home Phone: _____

Can we add you to our database to receive updates, promos and inspirational information? Yes No

Emergency Contact Information (Name, Phone, Email): _____

*Please note: Your contact information will not be shared, sold or traded. All attempts to maintain your confidentiality and privacy have been put in place however web, text, phone and email communications are not considered to be a confidential medium of communication.

Please circle which PrairieSol seminar/s and dates you would like to register for?

- | | |
|--|---------------------------------|
| Seminar 1 - Connecting with Myself | April 9, 2021 or June 4, 2021 |
| Seminar 2 - Our Guiding Principles | April 16, 2021 or June 11, 2021 |
| Seminar 3 - Emotional Vulnerability & Authenticity | April 23, 2021 or June 18, 2021 |
| Seminar 4 – Attachments & Habits | April 30, 2021 or June 25, 2021 |

Tell us about yourself:

In your own words, please tell us a little bit about yourself such as: family, hobbies/passions, and other self-help/care activities: _____

Are there any recent significant life changes or stressful events that may be relevant for us to know?

Previous PrairieSol seminars/workshops/retreats you have attended: _____

What did you gain from that experience? _____



What would you like to gain from participating in the PrairieSol Wellness Seminars? _____

Is there any additional information you feel would be relevant for us to know? _____

How did you hear about us? Who referred you? _____

Registration will be confirmed once full payment and registration form have both been processed. Participants will receive a confirmation email with the zoom link to the seminar/s along with a virtual receipt. Payments may be made via cheque*, cash or e-transfers to info@prairiesol.ca

*Please make cheques payable to Eugenia Lehmann or Barbara Balshaw-Dow

PrairieSol Wellness Retreats, Workshops & Seminars
Eugenia Lehmann M.S.W., R.S.W. & Barbara Balshaw-Dow M.S.W., R.S.W.
1211 Kildonan Drive Winnipeg Manitoba Canada R2G 1J8
info@prairiesol.ca 204-887-4572
www.prairiesol.ca

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