

Frequently Asked Questions About the Driving Program:

Do I need a prescription for the testing?

EMBRACE Mobility's policy is to have a doctor's prescription, indicating a diagnosis for all those requiring driver rehabilitation services. The client may choose the most appropriate physician, NP, or PA to complete the prescription. It is helpful to have your medical provider know what you are seeking and be part of your team. This keeps them informed and aware if any medical forms for driving are required for them to complete.

The referral should state:

"Occupational Therapy Driver Evaluation, on road assessment, and training as indicated"

How long is the Comprehensive Evaluation?

The client and family should plan for 2.5-3 hours.

What is done during the Comprehensive Evaluation?

Using research-based testing, you will have a thorough interview, a review of your medical conditions, testing of your visual skills, thinking skills (such as memory, attention, processing speed), and physical testing to determine overall medical appropriateness to drive. The on road assessment is provided the same day. The performance in both determines medical fitness to drive.

Will I get the results the day of the appointment?

In most cases, the therapist reviews results and recommendations on the same day. However, further follow-up with the referring physician or others may be needed to fully assess the client's profile and medical needs. We recognize the importance of this decision and aim to consider all relevant information. Please bring any records you feel may assist the clinician's evaluation.

What if I already did the clinical evaluation?

An On Road (2-hour appointment) may be scheduled at an adjusted fee if the clinical driving evaluation has been completed by an occupational therapist/driving rehabilitation specialist and provided to EMBRACE Mobility Services. It must have been completed within the last three months. The results determine medical fitness to drive and it is recommended a family member be available for this discussion.

What if I'm apprehensive about the test?

The Occupational Therapists performing the evaluations are skilled at providing a comfortable environment and strive to build a friendly and professional rapport with the client and family.

Will I be able to drive the day of the appointment, do I need to have a driver?

Please arrange for a licensed friend or family member to bring you to your appointment—do **not** drive yourself. Since the evaluation includes a review of driving behaviors, all clients must have transportation to and from the appointment.

If a client arrives having driven and is found unfit to do so, alternative transportation will be arranged at their expense. EMBRACE Mobility reserves the right to cancel the appointment if this policy is not followed. A cancellation fee may apply.

How long do I have to wait for my appointment to be scheduled?

The average wait time is 4-6 weeks

What occurs during the on the road evaluation?

The on the road evaluation takes place in EMBRACE Mobility's vehicle which is equipped with an instructor brake. This car is a Subaru Outback. This is an assessment of driving behaviors and impact of any medically related performance skills on driving safety. We also use the on-road evaluation to determine need for further driving rehabilitation sessions.

Can someone come with me on the road?

With the client's permission family may ride along in the back seat to observe and learn rehabilitation strategies or observe driving performance.

Who will be getting this report?

The referring doctor will receive the report. A copy will be emailed to the client. At the start of the evaluation, they will be offered the opportunity to sign a medical release for others to receive a copy.

Can you take away my license?

Although therapists cannot grant or revoke licenses, they have an ethical duty to notify the RMV if testing reveals a serious risk to the client or public safety. Ultimately, licensure decisions rest with the RMV.

Does insurance cover it?

This is a self-pay program. Please discuss fees based on the specific services you need by calling. At this time driving assessments are not covered by insurance. A super bill can be provided.

Will I have to take a Registry Test?

Only if communication from the RMV directs the client or contacts the client to do so. This test does not replace the RMV road test if it has been asked of the client by the RMV directly.

What if my license is suspended?

If your license was suspended due to a medical emergency, the RMV or your doctor may request a driving evaluation. Reduced-rate clinical testing offers objective insight into whether you meet RMV medical standards. It can support your hearing or indicate if pursuing one isn't advised. Based on your needs, a clinician may recommend on-road testing or preparation for the RMV competency exam. Final licensure decisions are made by the RMV at your hearing.

I am a new driver and don't have my permit yet can I still take the test?

Yes! EMBRACE Mobility's Readiness to Drive evaluation assesses learning style, strengths, challenges, and key life skills, visual, cognitive, and physical abilities like coordination and balance. It helps create a personalized mobility development plan, guiding you on when to begin driver's education, what supports you may need, and which goals to reach before you're ready to drive.

I want to learn to drive but my parents have concerns? I want to learn to drive but we don't know where to start?

EMBRACE Mobility's Readiness to Drive evaluation offers a clear mobility plan, helping determine if and when you're ready to drive and what resources will support you. This can be a valuable part of your IEP mobility transition plan (ages 16–22).

We also provide Mobility coaching to build pre-driving and pedestrian skills, teach hazard awareness, and develop personalized problem-solving strategies—all to ease anxiety and support your path to confident, goal-driven mobility.

I am over 18 and have not driven yet. I feel ready now. Does this assessment apply to me?
Yes!

I have a medical condition in which I think I need adaptive equipment to drive?

If a medical condition affects your ability to use standard driving controls—such as the gas, brake, steering, or secondary functions like signals and wipers—we can help. Conditions like neuropathy, amputation, spinal cord injury, stroke, brain injury, or multiple sclerosis may impact driving access. Start with a referral and evaluation to explore adaptive equipment tailored to your needs—and try it out for yourself. Discover what mobility and independence can look like behind the wheel.

If I do need adaptive equipment what does that process look like?

If you're a good candidate for adaptive equipment, EMBRACE Mobility will guide you through the entire process. Training is tailored to your learning pace to help you master the equipment. Massachusetts requires a road test at the RMV using the adaptive equipment—EMBRACE will sponsor you for this step. Once completed, your driving rehab specialist will issue a mobility prescription so you can work with a NMEDA-certified QAP dealer to install the same equipment in your vehicle.

More questions please call or drop an email.