



I accept the

***Restart-A-Heart Challenge™***

I pledge to become CPR certified and help a neighbor in distress!

name: \_\_\_\_\_

date: \_\_\_\_\_

Local Acts of Kindness Foundation™ inspires, encourages, and brings neighbors together for the purpose of practicing kindness towards others, within their own communities and beyond.

Local Acts of Kindness Foundation™ achieves this mission by creating local Kindness Challenges™, and offering other kindness programs within the community, fostering connection and kindness among all.

***LocalActs.org***

(To be notified when CPR is needed within your proximity, download the free PulsePoint app and toggle on 'Nearby CPR Needed'.)