



# Little Garden In-Home Child Care

## January 2020 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		milk pancakes grapes ham	milk muffins oranges bacon	milk waffles peaches sausage
6	7	8	9	10
milk oatmeal pears yogurt	milk french toast oranges eggs	milk toast pineapple sausage	milk pancakes peaches bacon	milk muffins strawberries ham
13	14	15	16	17
milk waffles apples yogurt	milk oatmeal bananas eggs	milk french toast blueberries sausage	milk toast grapes bacon	milk whole wheat tort. oranges eggs
20	21	22	23	24
milk whole wheat br. bananas peanut butter	milk oatmeal orange juice hardboiled eggs	milk french toast apples eggs	milk toast bananas peanut butter	milk waffles pineapple eggs
27	28	29	30	31
milk oatmeal peaches sausage	milk bagels grapes eggs	milk pancakes applesauce ham	milk muffins apples bacon	milk waffles bananas yogurt

## Morning Snack

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
crackers salami water	granola bar yogurt water	rice cakes string cheese milk	tortilla peanut butter water	crackers cheese water