



Little Garden In-Home Child Care

November 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				milk bananas celery whole wheat bun turkey dogs
4	5	6	7	8
milk pineapple green beans baked potato shrimp	milk pears tomato soup grilled cheese ham	milk peaches broccoli sweet potatoes ham	milk watermelon potatoes whole wheat roll chicken breast	milk oranges cucumbers wh. Wheat bread pb & j
11	12	13	14	15
milk pineapple peas whole wheat bread turkey	milk pears potatoes whole wheat roll shrimp	milk peaches green beans macaroni sausage	milk mandarin oranges tomato soup grilled cheese ham	milk watermelon broccoli rice stir fry
18	19	20	21	22
milk banana fries wheat bun hamburger	milk oranges salad wheat pizza turkey sausage	milk peaches peas quinoa shrimp	milk mandarin oranges potatoes whole wheat roll grilled chicken	milk apples green beans wheat pasta turkey dogs
25	26	27	28	29
milk pineapple tomato soup grilled cheese ham	milk apples carrots sandwich turkey	milk apples mashed potatoes stuffing turkey	CLOSED	CLOSED

Afternoon Snack

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
carrots crackers water	celery peanut butter water	peppers tortilla chips water	cucumbers crackers water	avocado turkey water