

## Little Garden In-Home Child Care

## October 2019 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	milk	milk	CLOSED	milk
	pancakes	muffins		waffles
	bananas	blueberries		grapes
	sausage	bacon		ham
7	8	9	10	11
milk	milk	milk	milk	milk
oatmeal	french toast	toast	pancakes	muffins
kiwi	oranges	pineapple	peaches	watermelon
yogurt	eggs	sausage	bacon	ham
14	15	16	17	18
milk	milk	milk	milk	milk
waffles	oatmeal	french toast	toast	whole wheat tort.
apples	bananas	blueberries	grapes	oranges
yogurt	eggs	sausage	bacon	eggs
21	22	23	24	25
milk	milk	milk	milk	milk
whole wheat br.	oatmeal	pancakes	muffins	waffles
bananas	orange juice	kiwi	oranges	pineapple
peanut butter	hardboiled eggs	ham	yogurt	eggs
28	29	30	31	
milk	milk	milk	milk	
oatmeal	bagels	waffles	oatmeal	
peaches	fruit pizza	grapes	kiwi	
sausage	eggs	ham	yogurt	

## Morning Snack

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
peanuts	granola bar	raisins	cottage cheese	string cheese
peach	yogurt	pear	rice cakes	crackers
water	water	milk	water	water