



#76 ON SOSUA BEACH
Since 2020



MAR & ARENA

BAR

CHEF SPECIALS



Taste the essence of Sosua, Dominican Republic, with our Sosua Seafood Paella. This dish captures the coastal charm of the Caribbean, featuring saffron-infused rice adorned with a medley of local treasures—plump shrimp, tender squid, and fresh catch of the day. Each bite is a celebration of the sea's bounty, delivering a vibrant and unforgettable experience reminiscent of Sosua's laid-back coastal atmosphere. Indulge in the flavors of the Caribbean with our Sosua Seafood Paella, a culinary journey in every mouthful.



M&A FRUTOS DEL MAR
4000

Descubre la esencia de Sosúa, República Dominicana, con nuestra Paella de Mariscos Sosúa. Este plato captura el encanto costero del Caribe, con arroz infusionado con azafrán adornado con una mezcla de tesoros locales: jugosos camarones, tiernos calamares y pescado fresco del día. Cada bocado es una celebración de la abundancia del mar, ofreciendo una experiencia vibrante e inolvidable que evoca la relajada atmósfera costera de Sosúa. Deléitate con los sabores del Caribe a través de nuestra Paella de Mariscos Sosúa, un viaje culinario en cada mordisco.

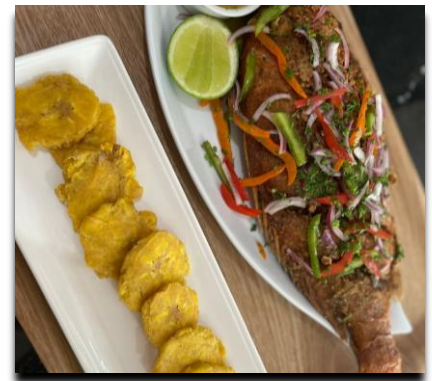
Transport your taste buds to Sosua, Dominican Republic, with our Ajo y Langosta (Garlic and Lobster) dish. Grilled lobster tails, bathed in a garlic-infused butter sauce, capture the essence of Caribbean flavors. Each bite is a celebration of seaside dining, bringing the warmth of the Dominican sun to your palate. Ajo y Langosta is more than a dish—it's a culinary journey, blending the finest ingredients with the coastal charm of Sosua. Immerse yourself in the richness of this experience, where garlic and lobster unite in a symphony of flavors.



M&A PAREJA DEL MAR
4000

Transporta tus papilas gustativas a Sosúa, República Dominicana, con nuestro plato de Langosta al Ajillo. Colas de langosta a la parrilla, bañadas en una salsa de mantequilla infusionada con ajo, capturan la esencia de los sabores caribeños. Cada bocado es una celebración de la comida junto al mar, llevando el calor del sol dominicano a tu paladar. Ajo y Langosta es más que un plato; es un viaje culinario que fusiona los ingredientes más finos con el encanto costero de Sosúa. Sumérgete en la riqueza de esta experiencia, donde el ajo y la langosta se unen en una sinfonía de sabores.

Take your taste buds on a journey with our Boca Chica Santo Domingo Fried Red Snapper, a delightful fusion inspired by the coastal wonders of Sosua, Dominican Republic. Picture savoring the crispy perfection of perfectly fried red snapper paired with the savory crunch of fried green plantains. This dish captures the lively energy of Santo Domingo while paying homage to the laid-back coastal charm of Sosua. Immerse yourself in the flavorful experience, where Boca Chica meets Sosua, creating a celebration of Dominican coastal cuisine on your plate.



M&A TIGRE DEL MAR
2500

Lleva a tus papilas gustativas en un viaje con nuestro Chillo Frito Boca Chica Santo Domingo, una deliciosa fusión inspirada en las maravillas costeras de Sosúa, República Dominicana. Imagina saborear la perfección crujiente de un pargo frito a la perfección acompañado del crujido sabroso de plátanos verdes fritos. Este plato captura la energía animada de Santo Domingo mientras rinde homenaje al encanto costero relajado de Sosúa. Sumérgete en la experiencia llena de sabor, donde Boca Chica se encuentra con Sosúa, creando una celebración de la cocina costera dominicana en tu plato.

MAR & ARENA BEACH BRUNCH DAY PARTY

WEEKEND BRUNCH BUFFET. LIVE DJ. BEACH DAY PARTY.

SAT. & SUN. ONLY (2HR LIMIT) STARTING IN FEBRUARY 2024

10AM - 3PM



**ALL YOU CAN EAT
BREAKFAST BUFFET**

**PANCAKES
FRENCH TOAST**

SCRAMBLED EGGS

**SAUSAGE
BACON**

1200



SPECIALTY DISHES

CHICKEN AND WAFFLES

**THREE EGG OMELET
MADE TO ORDER**

900



UNLIMITED MIMOSA

**(ONLY WITH PURCHASE OF
BRUNCH OR SPECIALTY DISH)**

1500

Elevate your brunch experience with our vibrant Beach Party Brunch! After a night in lively Sosua, keep the party going with a sun-soaked atmosphere and a live DJ, creating the perfect beachside celebration. Dive into an unlimited brunch featuring eggs, bacon, sausage, pancakes, and French toast—whether you're looking to sober up or keep the festivities alive, our brunch buffet is the ultimate destination. Join us for a lively morning by the sea, where every bite is a taste of paradise and every beat keeps the party alive.

Embark on a flavor-filled journey with our renowned Chicken and Waffles, hailed as the best on Sosua Beach! Picture golden, crispy fried chicken harmonizing perfectly with warm, fluffy waffles, creating a culinary masterpiece that transcends the ordinary. Drizzle with our signature maple syrup for a touch of sweetness as you enjoy this beachside sensation. Join us for an unforgettable dining experience, where the sun, sea, and the best Chicken and Waffles on Sosua Beach come together to create a symphony of satisfaction for your palate.

Experience beachside bliss with Unlimited Mimosas on Sosua Beach! Sip on endless sparkling wine and citrus delights as you soak up the sun and sea vibes. Whether with friends or enjoying a solo escape, our vibrant mimosas add an effervescent touch to your beach experience. Cheers to endless moments of joy on Sosua Beach!

MAR Y ARENA BAR

ENTRADAS (APPETIZERS)



ALITAS (6X) 750

M&A Signature Chicken Wings (BBQ, Buffalo, Lemon Pepper) add fries for 150.



BANDEJA DE MARISCO 2,350

Breaded Seafood Platter includes Shrimp, Calamari and Fish Fingers



CAMARONES EMPANIZADOS 900

Breaded Shrimp with Mashed potatoes and a curry sauce



CALAMARES FRITOS 700

Seasoned Fried Calmari



TACOS 700

Chicken, Shrimp, Steak or seasoned ground beef Tacos



EMPANADAS 700

Cheese, chicken, shrimp or beef empanadas



COCTEL DE CAMARONES 700

Classic Shrimp Cocktail 6pc



CEVICHE DE CAMARONES 900

All Angus Beef Hotdog with chilly, cheese, ketchup, mustard and diced onions



PULPO A LA VINIGRETA 900

Octopus Vinaigrette

MAR & ARENA BAR



PESCADOS / MARISCOS (SEAFOOD)



CAMARONES EMPANIZADO 900
Seasoned Breaded Prawns & Steamed Rice



LAMBI A LA CRIOLLA 800
Conch Creole & Fried Plantains



BANDEJA MARISCO 900
Garlic Prawns with steamed rice



CAMARONES A LA CRIOLLA 900
Shrimp Creole with fried plantains



MERO A LA PLANCHA 900
Grilled Grouper with sautéed potatoes



SALMON FINA HIERBA 1100
Grilled salmon with fine herbes and mashed potatoes



CHILLO FRITO 1000-2900
Red Snapper fried with plantains
1lb – 3lb



CHILLO AL COCO 1250-3200
Red Snapper Fried or steamed with Samana Style Coconut sauce with white rice or rice and beans "moro"
1lb – 3lb



CHILLO Y CAMARON 2600-3800
Fresh Lobster with savory garlic and butter sauce
1.5lb – 3lb



PASTA Y CAMARONES A LA CREMA, PESTO O LA CRIOLLA 1100
Fresh Salmon in your choice of cream sauce, creole, pesto



PASTA CON FRUTOS DEL MAR 2000
Seafood Pasta, calamari, mussels, shrimp, salmon



PASTA FRUTOS DEL MAR 2000 NATURAL
Seafood Pasta, calamari, mussels, shrimp, salmon natural with no cream sause.

MAR & ARENA BAR



LOBSTER



LANGOSTA "THERMIDOR" 2650-5500

Lobster Thermidor buttery wine sauce, sprinkled with cheese, and broiled
1.5 – 4lb



LANGOSTA AL AJILLO 2500-5000

Lobster in a delicious garlic sauce
1.5 – 4lb



LANGOSTA A LA CRIOLLA 2500-5000

Lobster – grilled or steamed in a creole sauce
1.5 lb – 4lb



LANGOSTA FRITA 2500 – 5000

Lobster – Fried
1.5lb – 4b



LANGOSTA CON CAMARONES 3,350-5600

Lobster in a garlic sauce with garlic shrimp and sauteed vegetables



MAR & TIERRA FRITA 4500 - 6000

Fried Lobster with skirt steak and a chimichurri sauce and steamed vegetables
1.5-4lb



MAR Y TIERRA 4500-6000

Grilled Lobster with pepper steak and sauteed potato's

1.5-4lb



PAELLA CLASSICA 4500

Great for 2ppl. Medly of seafood including mussels, lobster, shrimp, calamari



MAR & ARENA BAR



POLLO / CHICKEN



POLLO A LA PLANCHA **\$600**
Grilled chicken with steamed white rice



POLLO PARMESAN **800**
Chicken Parmesan with your choice of fries, plantains or white rice

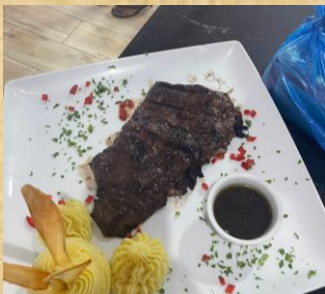


CORDON BLEU **1100**
Chicken breast layered with ham and cheese, rolled into a log, chilled, dredged in flour then egg then breadcrumbs then deep fried



PASTA POLLO A LA PARILLA **900**
Your choice of cream, creole, pesto or natural sauce.

STEAK / CARNE



CHURRASCO **1300**
Skirt Steak with your choice of mashed or sauteed potatoes and chimichurri sauce



CHIVO GUISADO **1200**
Goat stew with yellow rice and vegetables or plantains



FILETE A LA PIMIENTA **1500**
Steak with a pepper sauce. Served with mashed potatoes and steamed vegetables



FILET MIGNON **2200**
Classic Filet Mignon with your choice of french fries, mashed or sauteed vegetables

SALADS AND SOUPS



ENSALADA CAPRESE **500**
Classic Caprice salad with cheese



ENSALADA CESAR **1200**
Cesar salad with your choice of chicken or prawns



SOPA DE SALMON **800**
Salmon soup



SOPA DE POLLO **650**
Classic chicken soup

MAR & ARENA BAR

GUARNICIONES (SIDES)



TOSTONES 200
Fried green plantains



MADUROS 200
Fried sweet plantains



PAPAS SALTEADAS 200
Sauteed potatoes



PAPAS FRITAS 200
French fries



ARROZ BLANCO 200
Steamed rice



MORO 225
Rice and beans



HABICHUELA 200
Classic dominican beans



HABICHUELA NEGRA 200
Dominican black beans



VEGETALES SALTADOS 250
Sauteed or steamed vegetables



MAR & ARENA BAR

LIGHT DRINKS



WHITE / RED SANGRIA - 1000

APEROL SPRITZ - 500

CAIPIRINHA - 400

LEMON DAIQUIRI - 700

STRAWBERRY DAIQUIRI - 550

LONG ISLAND ICED TEA - 1000

MARGARITA - 500

RUM PUNCH - 400

MORIR SONANDO 300

YINITINI 500

ALCOHOL BEVERAGES & COCKTAILS

COCKTAILS



CLASSIC AUTHENTIC
CUBAN MOJITO - 850

DOMINICAN MOJITO - 550

CUBA LIBRE - 400

KAMIKAZI - 400

OLD FASHIONED - 600

NEGRONI - 600

MOSCOW MULE - 600

WHISKEY SOUR - 600

MANHATTAN - 600

MIMOSA - 600

SIDECAR - 600

MARTINI - 500

COSMOPOLITAN - 600

GIN & TONIC - 600

BLOODY MARY - 600

SEX ON THE BEACH - 500



FROZEN DRINKS



STRAWBERRY - 500

LEMON - 500

PINA COLADA - 500

BEER

PRESIDENTE REG - 250

PRESIDENTE GRANDE - 350

CORONA - 280

MODELO - 300

SMIRNOFF - 350

STELLA ARTOIS - 350

HEINEKEN - 350

MILLER - 280

MAR & ARENA BAR



HOOKAH & CIGARS



FLAVORS

- BLUE MIST MINT
- LOVE
- MINT
- BLUE MELON
- CHERRY
- WATERMELON
- ORANGE MINT



HOOKAH

- 1600
- HEAD REPLACEMENT 500
- COAL REPLACEMENT FREE



PREMIUM CIGARS

2100

LOCAL CIGARS

700

APPAREL



850

T-SHIRTS
DISPONIBLES



1500



1200

EVENTS / RESERVATIONS

2024 SUPERBOWL

FEB – 8-11 BEACH PARTIES

WATCH THE SUPERBOWL

ON THE BEACH

202 618-7153 WHATAPP

TO MAKE A TABLE
RESERVATION

FIND US ON THE GRAM



@MARYARENABAR