

Class Code	Hours	Class Title	Instructor	Cost	Textbook Cost	Length	Days/Times
14436	120	Herbal Practitioner (Oct 21)	A. Lim	\$1,000.00 \$250 Lab Fee \$125 per 3 wk module	included	36 weeks 2 x week 2 hour class	MW 9a-10:50 T Th F S
96240	96	Reiki Practitioner I, II, III and Master Teacher (Sept)	L. Mares	\$999.00	included	24 weeks 2 x week 2 hour class or 4 hr sat	M 6pm-9:45 T, Th 9a-10:50a T Th F S
	115	Certified Vibrational Healer (Oct. 15)	L. Mares	\$750 or \$150 per class.	Included	28 weeks 1x week 4 hour class	MW T 6-9:45pm Th FS
60150	60	Reflexology (Sept 30)	A. Lim, L. Mares	\$225.00	included	15 weeks 2 x week 2 hr class / 1 night a week 3 hours	MW 11:20a-1:10pm T Th 7-9:45 S
84000	8	Law and Ethics for the Natural Practitioner Online Option	L. Mares	\$45.00	included	4 weeks 1 x week 2 hr class	T Th F noon-1:50
20500	48	Natural Healing First Aid (Oct 22) Module 1	A. Lim, L. Mares	\$299.00 \$75 per class	included	24 weeks 2 x week 2 hr class	T, Th 12:20p-2:10p S
20501	20	Basic Anatomy and Physiology (Begininning Jan) Online Option	L. Mares	\$125.00	Included	5 weeks 2 x week 2 hr class	MW 1:20p-3:10pm T Th S
16100	16	Certified Angel Healer	L. Mares	\$200.00	Included	Weekend Certification Class	As scheduled
36900	36	Certified Crystal Healer (Jan 16)	L. Mares	\$350.00	Included	9 weeks 1 x week 4 hr class	Th 6-9:45p
		Personal/Professional Develepment	L. Mares/A. Lim		Included		F 10a-11:50a
10000		Tutoring and Labs	Staff	No Charge	N/A	Weekly	F 2p-5p

## **Herbal Practitioner**

This course is designed for the student to become proficient in herbal healing through the study of herbal applications. This class meets 2 times per week, once for theory and in depth study of herbs, their uses, and applications and once for labs that will encompass everything from hands on learning experiences to help increase retention of theory to creating remedies using herbs and herbal gardening and wildcrafting. The goal of this class is to encourage self sufficiency in the areas of health and wellness as well as prepare students to work with others that are seeking healthier lifestyle.

This course is a series of 12 modules that are 3 weeks each. All 12 modules are required for certification along with a final exam, completed herbal notebook, 4 book reports, and 2 projects. There will be wildcrafting fieldtrips scheduled seasonally. Each of the 12 modules will cover a body system and the herbal remedies relative to the health and well-being of each of those systems.

Module 1 Oct. 21-Nov. 7

Module 2 Nov. 18-Dec 11

Module 3 Jan. 6-Jan 23

Module 4 Jan. 27-Feb 12

Module 5 Feb. 17-Mar 4

Module 6 Mar 9-Mar 25

Module 7 Mar 30-April 20

Module 8 April 27-May 13

Module 9 May 18-June 3

Module 10 June 8-June 25

Module 11 June 29-July 20

Module 12 July 27-Aug 12

## **Reflexology**

In this 15 week class students will learn the history of reflexology, how to assess a person's foot health and all the reflex points of the feet through hands on application of the theory and practice of reflexology. Students will learn how to keep records of reflexology sessions and how to interact with the client during a session. Case studies and client interaction will be required for certification in this class.

## **Natural Healing First Aid**

This class will cover the basics of natural health and healing. Everything from ear candling to foot detoxes and herbs to homeopathics. Students will learn everything they need to know to take care of minor illnesses and injuries for their friends and family. This is a great place to start if you are just beginning to explore the world of natural health and wellness. This class will be divided into 6 modules that can be taken individually or as a complete class.

Oct 22-31, Feb 11-20      Module 1 Healer's First Aid Ear candling, white sheet therapy, foot detox, home tests,

Nov 5-Nov 14, Feb 25-Mar 5      Module 2 Cupping and Kansa

Nov 19-Dec 5, Mar 10-19      Module 3 Body Wraps and Clay therapy

Dec 10-19, Mar 24-April 2      Module 4 Chakra Balancing Limpiezas

Jan 7- 16, April 7-16      Module 5 Herbs and Homeopathics for the home medicine cabinet

Jan 21-30, April 21-30      Module 6 Introduction to Crystal Healing

## **Certified Vibrational Healer**

This program is designed for basic energy healers with an emphasis on Vibrational therapies. The program is a combination of lecture, discussion and experience through clinical practice time. Practice time includes giving and receiving treatments of multiple vibrational healing techniques.

Each module is four weeks, four hours a week.

At the completion of the program, students will be a certified Certified Energy Healer.

Mod 1 Chakra Balancing and Sound therapy Oct 15- Nov 5, May 6-

Mod 2 Limpiezas and smudging Nov 12-Dec 10

Mod 3 Flower Essences Dec 17-Jan 21

Mod 4 Essential Oils Jan 28-Feb 18

Mod 5 Crystal and stone therapy Feb 25-Mar 25

Mod 6 Practicum (prerequisites Mods 1-4, scheduled individually) 32 hours

## **Certified Angel Healer \$200**

This Angelic Healing Diploma is a divinely gifted qualification from the angelic realm. It was given so that those who are drawn to working with a healing modality could not only work on themselves but could bring light, healing and hope to others. This powerful angelic healing modality is overseen by the four Archangels, Gabriel, Michael, Uriel and Rafael and is ultimately overseen by Lord Metatron. It can be used to not only heal yourself but can be used to heal others, children, animals and even work and home spaces. Bringing whatever needs to be healed into the powerful Golden Angelic light creates change in whatever is needed in all parts of your life. Graduates will be able to perform an Angelic healing session for self and others professionally.

## **Certified Crystal Healer \$350**

Crystal Healing is the art of laying on stones (crystals and gems) in coordination with the body's energy field, energy centres and energy pathways. These aspects of the body's energy field are also known as the aura, the chakras and the meridians. Correct placement of crystals on the body will promote emotional and mental harmony. It is in this state that the body experiences the perfect conditions to heal naturally. This class will culminate with a crystal dig field trip the week of spring break. Students will receive a certification in basic crystal healing with this program.

## **Personal/Professional Development**

In this course you will discover your personal life purpose, learn and practice identifying and setting goals and how to set up natural health packages. You will also learn how to create and utilize a vision board to help you focus on both your personal and professional goals, how your mindset affects your success and so much more!