YOUNG YOGIS

Mondays after school 2:45-3:35pm in the Homestead Elementary Gym Available to K-5th graders class size Minimum 8, Maximum 15



Yoga enhances physical strength, practices balance and coordination, develops focus and concentration, boosts self-esteem and strengthens the mind-body connection.

More information available online at www.BestDayPossible.com

To register email TheBestDayPossible@gmail.com

Student 1 Name:	Grade and Teacher
Student 2 Name:	Grade and Teacher
Parent/Guardian	_ Cell phone #
Email(s)	

Who will pick your child up from the gym at 3:35?

If no one is in the gym at 3:35 to take your child home, they will go to Hawks Nest and you will be charged the HawksNest fees that apply