

Father | Veteran | Actor | Philanthropist | Disability Advocate | Author | Host | Certified Dating Coach | Relationship Realist

To his core, Rob Malloy loves his family, cares for his friends, and wants to leave his community better than he found it.

Rob Malloy, a father of 4 adult children and grandfather of 3, is a US Air Force Veteran. Born as the youngest of four, in a military family - Rob learned the importance of service at a very early age. After his service in the US Air Force Rob along with his family and business associates, founded Keeping Veterans Fit, Inc - a 501c3 Charitable Organization in 2016.

Rob's philanthropic efforts continued. In 2017, Rob became a Disabilities Advocate and accepted the role of Athletic Director of Special Athlete Avengers of Metro Atlanta. This organization provides athletic opportunities to those with cognitive disabilities. Finally, Rob wanted to create a platform that could help the general public become a healthy version of themselves. Thus, Bob Nitro Fitness, Inc was developed and launched locally in Atlanta, GA, and virtually nationwide.

Rob Malloy started his acting career later in life, but he is taking the industry by storm. Rob Malloy Film Credits include: "Our Son" | International Award-Winning Film "Senseless" | Peacock Original Film "Praise This" | Johnson - Bounce TV | First Wives Club - BET and BET+ | Bruh - BET and BET+ | The Game - Paramount + | Applebees Football Commercial - FOX and FOX Sports

Rob Malloy is the author of the best-selling "Uncomfortable Conversations" book series. The current edition available is "Uncomfortable Conversations: Intentions, Expectations and Decisions - within Relationships." As a Certified Dating Coach, Rob opens up about his personal experiences in dating after divorce. Rob Malloy is certainly a Relationship Realist.

Rob Malloy Your Favorite Silver Fox

Rob Malloy is at a place in his life and his career where he can fully be his authentic self. Rob is willing to be transparent and allow his relationship and dating mistakes to be lessons for others. Rob's specific message to the men that he works with is that men have the opportunity to impact our families and community even after divorce.

Rob's message for women is that there is life after divorce and they have the opportunity to learn from someone that has made so many mistakes.

In all his platforms he focuses on creating a safe space for conversations to be had to effectively take the journey of dating after divorce.

Rob Malloy has several projects coming soon:

Brims & Stilettos - Adult Conversations, Uncomfortable Conversations Podcast - Season 6, The Raw Talk With Rob Show - Spring 2024

Virtual Dating Happy Hour

Rob Malloy Luxury Grooming Kits for Men

Rob Malloy is professionally represented by:

Platinum Resource Management



“ People come and go and there will be many that are seasonal... just know that you have a special purpose in this life and once you discover it, you'll learn that making an impact is Bigger than YOU! ” - Rob Malloy - The Rob Malloy Brand