# **VOLUNTEER & INTERNSHIPS**

DVSCP is always looking for volunteers and interns. Below are a few ways you can get involved.

**Direct Support of Clients**—Training is required to answer the hotline and to provide confidential personal assistance to victims.

Shelter and Office Work—Call to learn about our current needs.

**Community Activities**—Agency information tables at community events.

**Board Activities**—Support the work of the board by helping with committee work.

**Internships**—Students have the opportunity to gain experience in all program areas.

All volunteers and interns must complete the volunteer application process—interview required.

## **MYTH**

Domestic violence is only physical.

### **FACT**

Domestic violence can be verbal, emotional, physical, sexual, spiritual and economic.

### **MYTH**

The victim can always leave.

#### **FACT**

Leaving is the most dangerous time.
75% of homicides/serious assaults occur during this time.

### MISSION

DVSCP supports the empowerment of those who are experiencing domestic violence through the provision of equitable and inclusive direct services and the promotion of nonviolence through social and systems change.

### **EMPOWERMENT PHILOSOPHY**

- Consider all relationships to be reciprocal and between equals.
- Communicate directly, with no hidden agenda.
- Value individual difference and belief systems equally in the organization.
- Nurture individual growth to enhance well-being.
- All staff are trauma-informed advocates.

The official registration and financial information of Domestic Violence of Cumberland & Perry Counties may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania 1 (800) 732-0999.

Registration does not imply endorsement.

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# SERVICES & RESOURCES





All DVSCP services are free, confidential and available for anyone experiencing abuse.

24-hour hotline (call or text):

1-800-852-2102

### **Additional Contact Information:**

Main Office: 717-258-4806

Perry County Courthouse Office (PFA assistance): 717-582-8900

Email: info@dvscp.org

Website: www.dvscp.org

Mailing Address:

P.O. Box 1039, Carlisle PA, 17013







# **What is Domestic Violence?**

Domestic Violence is a pattern of abusive behaviors used to control another person in a close relationship (spouse, family member, and/or past/present intimate partner).

Domestic Violence affects people of all cultures, religions, ages, sexual orientation, education, background, and income levels.

Domestic Violence may include:

- Physical Abuse—Pattern of physical assault, threats, or restraints.
- Emotional Abuse—Manipulation of feelings, using derogatory language, accusations, comments, or mind games to make the partner feel worthless, helpless, or afraid.
- Sexual Abuse Mistreatment by means of sexual objectification, forced sexual acts, demands, insults, or physical attacks on intimate body parts.
- Isolation, intimidation, digital and economic abuse, manipulation of children, identity based and pet abuse.



# **PROGRAMS & SERVICES**

All services are FREE and CONFIDENTIAL

- 24 hour hotline: 1-800-852-2102 (call or text)
   \*Access to translation services\*
- Emergency shelter
- Legal and medical advocacy/accompaniments
- Assistance with Protection From Abuse Orders (PFAs)
- Empowerment counseling and support groups
- Community education and prevention programming available for schools, organizations, and businesses
- Information and referrals
- Assistance with filing Victims Compensation Assistance Program (VCAP) claims



# **AMEND PROGRAM**

AMEND is a 26 session educational program for men who abuse/batter their partners or others with whom they have an intimate relationship.

This program requires a fee for service.

For more information or to make referrals, please call 717-480-0489 or email AMEND@dvscp.org.

### **SAFETY PLANNING**

- Tell someone you trust what is happening.
- Have car keys, all birth certificates, extra money, checks, and other important papers in a safe, hidden place.
- Keep a cellphone hidden. Make sure it's charged and turned off.
- Make a plan for what you will do if you have to leave home, even if you may never use it.
- Talk to your children about what to do when things get scary.
- Trust your own instincts and judgment.
- If you have a protection order, carry it with you at all times.

For help safety planning or if you have questions, call or text our free hotline to speak with a trained advocate who can help you!

HOTLINE: 1-800-852-2102 WEBSITE: www.dvscp.org

