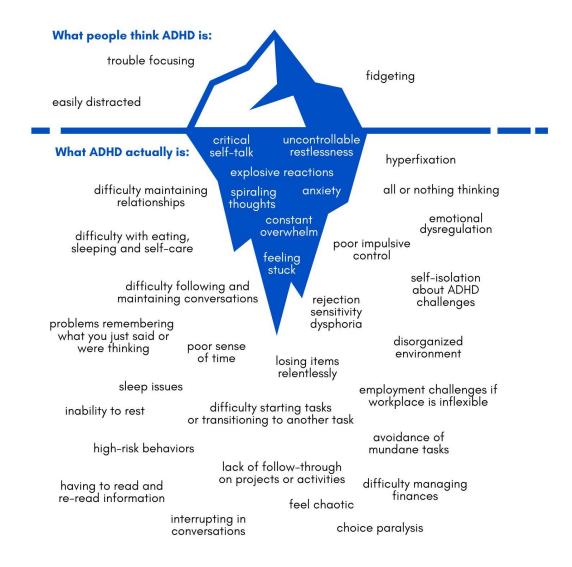
ADHD ICEBERG



BELOW THE SURFACE - ADHD symptoms are not always visible and it takes a lot of energy to manage or mask challenges. The results impact professional, personal, social and academic spheres, often causing feelings of isolation and exhaustion.

WHAT	SYMPTOMS DO I EXPERIENCE DAILY?
 What	WOULD I LIKE TO MANAGE DIFFERENTLY?