

Getting you horse used to the football

Start off by carefully leading your horse past the football at a distance. Once they are not bothered or worried about it, get your helpful assistant to start moving the ball around, let your horse watch it and walk him around it. When they show no concern at all, that is the time start contact. You could use their favourite treat to encourage him closer to the stationary ball. Once your horse is happy, carry on feeding while starting to move the ball around.

Now is the time you can move on in your training, if you have a closed off area, release the horse, you and your assistant can then play around with the ball back and forth to each other, if your horse shows no interest at all, move onto next level of training.

Start rolling the ball towards your horse, you want it to touch his legs and him not worry about it at all, he has to be perfectly happy for it to be rolled into him and ideally be able to play with it.

Once you and your Traditional have got to this point now is the time to try it mounted.

The art of the game is for the horse to lean into the ball and help roll it.

So happy playing !