



When we use the word "Value, Values or Valued" we tend to use it for a couple of purposes

1) Worth 2) Importance 3) Usefulness 4) Standards

I come to learn how someone can measure what is of Value to them by asking these 2 simple questions

What would you sacrifice everything for?



We must be careful about what we choose to be of Value to us and here are 5 good reasons why

What's of Value affects your life because of its ability to control you mentally

What's of Value affects your stress level because of the conflicts it can bring

What you Value affects your success because Values influences decisions

Values play a role in the type of people you surround yourself with



