

# June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 5:30pm Gentle	3	4 No Class tonight	5	6	7 9am Yoga in the Park Mindee
8	9 5:30pm Wall	10	11 5:30pm Rogue	12 6pm Bend & Brews @ Suds Bros	13	14 9am Yoga in the Park Jen
15 happy Father's Day	16 5:30pm Gentle	17	18 5:30pm Rogue	19 6pm Yoga Nidra/Sound Bath	20	21 9am Yoga in the Park Sadie
22	23 5:30pm Summer Solstice Celebration	24	25 5:30pm Rogue	26	27	28 9am Yoga in the Park Carrie
29	30 5:30pm Gentle	1	2 5:30pm Rogue	3	4	5

## Notes

\*The 7pm classes will be on hold during the summer months

\*We will be starting yoga in the park again this summer starting on June 7 at 9am. It's free to the public

\*I will be working with Suds Bros Brewery for a special Bend & Brews class. \$15/person. Space is limited so you will need to RSVP